PEANUT BUTTER CUP

RTD 51

- Contains slow-digesting proteins for extended muscle support*
- Loaded with BCAAs and other essential aminos from high-quality protein
- Excellent source of over 20 vitamins and minerals essential for protein metabolism and other metabolic functions*
- Helps replenish energy*
- No aspartame

Directions For Adult Use: Drink one to two cars per day to support your daily high protein and catorie needs. To support muscle-building, consume approximately 1 gram of protein per pound of body weight from all dietary sources per day. For best sesuls, drink 1 car of RTD 51 immediately following your workout to help support muscle recovery.*

*Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

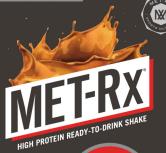
Shake Gently • Serve Chilled Contents Under Pressure; Open Slowly to Reduce Potential Splashing. REFRIGERATE AFTER OPENING

KEEP OUT OF REACH OF CHILDREN.

Manufactured in the USA with select ingredients from around the world for MET-Rx Nutrition, Inc., Boca Raton, FL 33487 ©2017 Questions? Call toll free 1-800-55-MET-Rx To learn moce, please go to www.METRx.com



NEW LOOK RTD 51



RTD ST

51g PROTEIN 2g

- NATURALLY & ARTIFICIALLY FLAVORED
- 0g TRANS FAT
 100% DV CALCIUM
- 15 fl. oz. (443 mL) NOTICE: Use this product as a food supplement only. Do not use for weight reduction.



Nutrition Facts

Serving Size 1 Can	
Amount Per Serving	
Calories 260	Calories from Fat 30
	%Daily Value**
Total Fat 3.5g	5%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 190mg	8%
Potassium 460mg	13%
Total Carbohydrate 6g	2%
Dietary Fiber 3g	12%
Sugars 2g	
Protein 51g	102%
Vitamin A 30%	Vitamin C 50%
Calcium 100%	Iron 15%
Vitamin D 40%	Vitamin E 45%
Vitamin K 25%	Thiamin 70%
Riboflavin 50%	Niacin 45%
Vitamin B-6 50%	Folic Acid 45%
Vitamin B-12 60%	Biotin 35%
Pantothenic Acid 50%	Phosphorus 45%
lodine 25%	Magnesium 15%
Zinc 15%	Selenium 20%

"Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:				
,,	Calories:	2,000	2,500	
Total Fat	Less than	65q	80g	
Sat Fat	Less than	20g	250	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2.400mg	2.400n	
Potassium		3,500mg	3,500n	
Total Carbohydrate		300a	375g	
Dietary Fiber		25g	30a	
Protein		50g	65g	
Calories per gram-				

Manganese 40%

Molybdenum 25%

Fat 9 • Carbohydrate 4 • Protein 4

Copper 20%

Chromium 25%

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