Suggested Use: Take 2 softgels twice daily, with meals, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

Other ingredients: Gelatin, Glycerin, Purified Water, Carob Powder.

Distributed by: Indiana Botanic Gardens, Inc. 3401 W. 37th Ave. Hobart, IN 46342

(ED) For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Best if used by date on bottle. Store in a dry, cool place. KEEP OUT OF REACH OF CHILDREN Any Questions? 1-800-644-8327 Website: www.botanicchoice.com

## Supplement Facts

Serving Size 2 Softgels Servings per Container 30

Amount Per Serving	% Daily	Value
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%
Saturated Fat	<0.5 g	2%
Polyunsaturated Fat	1.5 g	†
Monounsaturated Fat	<0.5 g	t
Cholesterol	0 mg	0%
Flaxseed Oil (cold pressed, organic) (seed)	1400 mg	t
Evening Primrose Oil (cold pressed) (seed)	300 mg	t
Canola Oil (cold pressed)	260 mg	†
Black Currant Oil	20 mg	t
Pumpkin Seed Oil	20 mg	t
**Percent Daily Values are based on a 2,000 calorie per day diet.		

† Daily Value not established

\*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

