



1 SERVING NET WT 1.13 OZ (32 g)

\*100% of the Protein from Whey Protein Isolate.  
Notice: Use this product as a Food Supplement only. Do not use for weight reduction.

## Nutrition Facts

Serving Size: 1 Packet (32g)  
Servings Per Packet: 1

### Amount Per Serving

|                           |       | % Daily Value*       |
|---------------------------|-------|----------------------|
| <b>Calories</b>           | 120   | Calories from Fat 10 |
|                           |       |                      |
| <b>Total Fat</b>          | 1g    | 2%                   |
| Saturated Fat             | 0g    | 0%                   |
| Trans Fat                 | 0g    |                      |
| <b>Cholesterol</b>        | 10mg  | 3%                   |
| <b>Sodium</b>             | 160mg | 7%                   |
| <b>Potassium</b>          | 150mg | 4%                   |
| <b>Total Carbohydrate</b> | 2g    | 1%                   |
| Dietary Fiber             | 0g    | 0%                   |
| Sugars                    | 1g    |                      |
| <b>Protein</b>            | 25g   | 50%                  |
| <b>Vitamin A</b>          | 0%    | • Vitamin C 0%       |
| <b>Calcium</b>            | 10%   | • Iron 0%            |

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    |           |              |         |
|--------------------|-----------|--------------|---------|
|                    | Calories: | 2,000        | 2,500   |
| Total Fat          | Less than | 65g          | 80g     |
| Saturated Fat      | Less than | 20g          | 25g     |
| Cholesterol        | Less than | 300mg        | 300mg   |
| Sodium             | Less than | 2,400mg      | 2,400mg |
| Potassium          |           | 3,500mg      | 3,500mg |
| Total Carbohydrate |           | 300g         | 375g    |
| Dietary Fiber      |           | 25g          | 30g     |
| Protein            |           | 50g          | 65g     |
| Calories per gram: |           |              |         |
| Fat                | 9         | Carbohydrate | 4       |
| Protein            | 4         |              |         |

**INGREDIENTS:** HYDROLYZED WHEY PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, PARTIALLY DEFATTED PEANUT FLOUR, SALT, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVOR, POTASSIUM CHLORIDE, SUCRALOSE.

**CONTAINS: MILK, PEANUT AND SOY.**

Manufactured for and distributed by:  
Dymatize Enterprises, LLC  
Dallas, TX 75207 USA  
(888) 334-5326 | **DYMATIZE.COM**  
**STORE IN A COOL, DRY PLACE.**  
**KEEP OUT OF REACH OF CHILDREN.**

### AMOUNTS PER PACKET

| PROTEIN  | BCAAs   | LEUCINE |
|----------|---------|---------|
| 25g      | 5.5g    | 2.7g    |
| CALORIES | CARBS   | FAT     |
| 120      | 2g      | 1g      |
| SUGAR    | LACTOSE |         |
| 1g       | <0.5g   |         |

**DIRECTIONS:** Formulated for easy mixing. Add one packet to 5-6 oz. (150ml- 180ml) of water, milk or your favorite beverage and mix thoroughly. Enjoy prior to workouts, within 30 minutes after workouts or anytime you desire a high-quality, high-protein drink.

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