

KEEP OUT OF REACH OF CHILDREN.
STORE AT ROOM TEMPERATURE AND
AVOID EXCESSIVE HEAT. TAMPER
RESISTANT: DO NOT USE IF SEAL
UNDER CAP IS BROKEN OR MISSING.

300254



PROD. NO.
13048
B13045 07B



Compare to
One A Day®

Men's Health Formula

DAILY MULTIPLE FOR MEN

SUPPORTS HEART & MALE
REPRODUCTIVE HEALTH*

60 Tablets

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Vitamin A	3,500 IU	70%
(as Vitamin A Acetate and 14% as Beta-Carotene)		
Vitamin C	60 mg	100%
(as Ascorbic Acid)		
Vitamin D	700 IU	175%
(as Cholecalciferol)		
Vitamin E	22.5 IU	75%
(as dl-Alpha Tocopheryl Acetate)		
Vitamin K	20 mcg	25%
(as Phytonadione)		
Thiamin	1.2 mg	80%
(Vitamin B-1) (as Thiamin Mononitrate)		

Other Ingredients: Cellulose (Plant Origin), Croscarmellose. Contains <2% of: Cellulose Coating, Dicalcium Phosphate, Gelatin (Bovine, Porcine), Mannitol, Silica, Starch, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains fish (cod, pollock, haddock, hake, cusk, redfish, sole, flounder) ingredients.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

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Amount Per Serving		%Daily Value
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (as Niacinamide)	16 mg	80%
Vitamin B-6	3 mg	150%
(as Pyridoxine Hydrochloride)		
Folic Acid	400 mcg	100%
Vitamin B-12	18 mcg	300%
(as Cyanocobalamin)		
Biotin (as d-Biotin)	30 mcg	10%
Pantothenic Acid	5 mg	50%
(as d-Calcium Pantothenate)		
Calcium	210 mg	21%
(as Calcium Carbonate)		
Magnesium	120 mg	30%
(as Magnesium Oxide)		

This formula is specially designed for men to address key areas of nutritional wellness, including antioxidant support: heart, bone, and male reproductive health.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: For adult men, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

**One A Day® is a registered trademark of Bayer Healthcare LLC. This product is not manufactured, distributed or marketed by Bayer Healthcare LLC.

Amount Per Serving		%Daily Value
Zinc (as Zinc Oxide)	15 mg	100%
Selenium	110 mcg	157%
(as Sodium Selenate)		
Copper (as Cupric Oxide)	2 mg	100%
Manganese	2 mg	100%
(as Manganese Sulfate)		
Chromium	120 mcg	100%
(as Chromium Chloride)		
Potassium	100 mg	3%
(as Potassium Chloride)		
Lycopene	300 mcg	***

***Daily Value not established.



441596-01 EXP 04/15