



TEAR
HERE

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CHOCOLATE COCONUT

naturally and artificially flavored

1 SERVING NET WT 1.13 OZ (32 g)

*100% of the Protein from Whey Protein Isolate.
Notice: Use this product as a Food Supplement only. Do not use for weight reduction.

Nutrition Facts

Serving Size: 1 Packet (32g)
Servings Per Packet: 1

Amount Per Serving

Calories 120 **Calories from Fat** 5

% Daily Value*

Total Fat 0.5g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 160mg **7%**

Potassium 220mg **6%**

Total Carbohydrate 2g **1%**

Dietary Fiber <1g **4%**

Sugars 1g

Protein 25g **50%**

Vitamin A 0% • **Vitamin C** 0%

Calcium 10% • **Iron** 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

INGREDIENTS: HYDROLIZED WHEY PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, COCOA POWDER (PROCESSED WITH ALKALI), NATURAL AND ARTIFICIAL FLAVORS, SALT, SOY LECITHIN, POTASSIUM CHLORIDE, SUCRALOSE.

CONTAINS: MILK AND SOY.

Manufactured for and distributed by:
Dymatize Enterprises, LLC
Dallas, TX 75207 USA
(888) 334-5326 | **DYMATIZE.COM**
STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

AMOUNTS PER PACKET

PROTEIN **BCAAs** **LEUCINE**
25g **5.5g** **2.7g**

CALORIES **CARBS** **FAT** **SUGAR** **LACTOSE**
120 **2g** **0.5g** **1g** **<0.5g**

DIRECTIONS: Formulated for easy mixing. Add one packet to 5-6 oz. (150ml- 180ml) of water, milk or your favorite beverage and mix thoroughly. Enjoy prior to workouts, within 30 minutes after workouts or anytime you desire a high-quality, high-protein drink.

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INTERNATIONAL INGREDIENTS



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