

Suggested Use: Take 1 tablet twice daily, with meals, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)
Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

Dietary Supplement

60 Tablets

250 mg.

Magnesium

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value **	
Calcium (as dicalcium phosphate)	23 mg	2%
Phosphorus (as dicalcium phosphate)	18 mg	2%
Magnesium (as magnesium oxide)	250 mg	63%

** Daily Values are based on a 2,000 calorie per day diet.

Other Ingredients: Vegetable stearic acid, dicalcium phosphate, microcrystalline cellulose, vegetable magnesium stearate, and aqueous film coating (purified water, hydroxypropyl methylcellulose, titanium dioxide, polyethylene glycol).

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