

Seven Seas Multivitamin Syrup

WHAT'S THIS FOR?

INGREDIENTS

IMPORTANT INFO

Ingredients:

Sucrose, Water, Liquid Glucose, Dextrose Monohydrate, Acacia Gum, Cod Liver Oil (1.5%), Orange Juice Concentrate¹ (1.3%), Acidity Regulator: Citric Acid; Vitamin C, Flavour: Orange; Niacinamide, Sodium Benzoate, Vitamin A Prep. (Vitamin A, Sunflower Oil), Vitamin E, Vitamin B2, Vitamin D Prep. (Fractionated Vegetable Oil, Vitamin D), Butylated Hydroxytoluene. 1 – Contains Sulphites.

Dietary Requirements:

This product is Free From: Milk and Dairy, Lactose, Wheat, Gluten, Gelatin, Crustacean, Egg, Peanut, Treenut, Soybean, Celery, Mustard, Sesame Seed, Lupin, Mollusc, Yeast, Artificial Sweeteners, Artificial Colours.

Average Values	Per 5ml	% NRV
Vitamin A	600 µg RE	75
Vitamin D	5 µg	100
Vitamin E	1.8 mg α-TE	15
Vitamin C	17.5 mg	22
Riboflavin (Vitamin B2)	9.7 mg	50
Niacin	9 mg E	56
Cod Liver Oil	100 mg	*
Providing Omega-3 nutrients	15 mg	*



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Dosage:

Adults and Children 4 years and Over: One 5ml teaspoon daily.
Children 1 year to 4 years: Half a teaspoon daily (2.5ml) . Do not exceed the recommended dosage.

Women who are pregnant or planning a pregnancy should consult their doctor before taking vitamin or mineral supplements.

Food supplements are intended to supplement the diet and should not be regarded as a substitute for a varied diet and a healthy lifestyle.