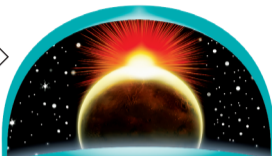


SOURCE NATURALS®

NO
IRON



DIETARY SUPPLEMENT

ADVANCED ONE™
MULTIPLE

90 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin A	12,000 IU	240%
(as palmitate 10,000 IU & beta-carotene 2,000 IU)		
Vitamin C	250 mg	417%
(as calcium ascorbate, ascorbic acid and ascorbyl palmitate)		
Vitamin D-3 (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate)	150 IU	500%
Thiamin (vitamin B-1)	60 mg	4,000%
Riboflavin (vitamin B-2)	60 mg	3,529%
Niacinamide 55 mg & Niacin 20 mg (vitamin B-3)	75 mg	375%
Vitamin B-6	60 mg	3,000%
(as pyridoxine HCl & pyridoxal-5'-phosphate)		
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	100 mcg	1,667%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium D-pantothenate)	75 mg	750%
Calcium (as calcium ascorbate & carbonate)	50 mg	5%
Iodine (as potassium iodide)	100 mcg	67%
Magnesium (as magnesium oxide & malate)	30 mg	8%
Zinc (as zinc monomethionine [OptiZinc®])	15 mg	100%
Selenium (as sodium selenite & L-selenomethionine)	200 mcg	286%
Copper (as copper sebacate)	1 mg	50%
Manganese (as manganese citrate & succinate)	6 mg	300%
Chromium (as chromium polynicotinate	200 mcg	167%
[ChromeMate®] & chromium picolinate)		

Molybdenum (as amino acid chelate)	100 mcg	133%
Potassium (as potassium citrate & malate)	10 mg	<1%
Choline Bitartrate		
	60 mg	†
Inositol	50 mg	†
PABA (as para-aminobenzoic acid)	50 mg	†
Ascorbyl Palmitate	40 mg	†
N-Acetyl Cysteine	40 mg	†
alpha-Lipoic Acid	40 mg	†
Silymarin (from milk thistle seed extract)	30 mg	†
Ginkgo Leaf Extract (24% flavone glycosides	30 mg	†
& 6% terpene lactones)		
MSM (Methylsulfonylmethane [OptiMSM®])	25 mg	†
Eleuthero Root Extract	25 mg	†
Quercetin	25 mg	†
Green Tea Leaf Extract (95% polyphenols)	20 mg	†
Grape Seed Extract (Proanthodyn™)	20 mg	†
Coenzyme Q10	15 mg	†
Bilberry Fruit Extract (32% anthocyanosides)	10 mg	†
Black Pepper Fruit Extract (BioPerine®)	2 mg	†
Boron (as amino acid chelate)	1 mg	†

†Daily Value not established.

Other ingredients: maltodextrin, modified cellulose gum, stearic acid, silica, hydroxypropyl cellulose, and magnesium stearate.

Contains soy.

Suggested Use: 1 tablet daily with meal.

WARNING: Do not use if you are pregnant, may become pregnant, breastfeeding, or taking any form of prescription nitrate such as nitroglycerin. If you are diabetic, consult your physician before using this product. **Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

SN1489 REV I172-E

Manufactured for:
© SOURCE NATURALS, INC.
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