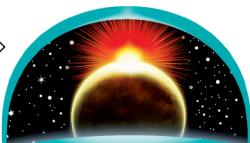


SOURCE NATURALS®

**NO
IRON**



DIETARY SUPPLEMENT

**ADVANCED ONE™
MULTIPLE**

30 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin A (as palmitate 10,000 IU & beta-carotene 2,000 IU)	12,000 IU	240%
Vitamin C (as calcium ascorbate, ascorbic acid and ascorbyl palmitate)	250 mg	417%
Vitamin D-3 (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate)	150 IU	500%
Thiamin (vitamin B-1)	60 mg	4,000%
Riboflavin (vitamin B-2)	60 mg	3,529%
Niacinamide 55 mg & Niacin 20 mg (vitamin B-3)	75 mg	375%
Vitamin B-6 (as pyridoxine HCl & pyridoxal-5'-phosphate)	60 mg	3,000%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	100 mcg	1,667%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium D-pantothenate)	75 mg	750%
Calcium (as calcium ascorbate & carbonate)	50 mg	5%
Iodine (as potassium iodide)	100 mcg	67%
Magnesium (as magnesium oxide & malate)	30 mg	8%
Zinc (as zinc monomethionine [OptiZinc®])	15 mg	100%
Selenium (as sodium selenite & L-selenomethionine)	200 mcg	286%
Copper (as copper sebacate)	1 mg	50%
Manganese (as manganese citrate & succinate)	6 mg	300%
Chromium (as chromium polynicotinate [ChromeMate®] & chromium picolinate)	200 mcg	167%

Molybdenum (as amino acid chelate)	100 mcg	133%	
Potassium (as potassium citrate & malate)	10 mg	<1%	
Choline Bitartrate	60 mg†	Eleuthero Root Extract	25 mg†
Inositol	50 mg†	Quercetin	25 mg†
PABA (as para-aminobenzoic acid)	50 mg†	Green Tea Leaf Extract (95% polyphenols)	20 mg†
Ascorbyl Palmitate	40 mg†	Grape Seed Extract (Proanthodyn™)	20 mg†
N-Acetyl Cysteine	40 mg†	Coenzyme Q10	15 mg†
alpha-Lipoic Acid	40 mg†	Bilberry Fruit Extract (32% anthocyanosides)	10 mg†
Silymarin (from milk thistle seed extract)	30 mg†	Black Pepper Fruit Extract (BioPerine®)	2 mg†
Ginkgo Leaf Extract	30 mg†	Boron (as amino acid chelate)	1 mg†
(24% flavone glycosides & 6% terpene lactones)			
MSM (Methylsulfonylmethane [OptiMSM®])	25 mg†		

†Daily Value not established.

Other ingredients: maltodextrin, modified cellulose gum, stearic acid, silica, hydroxypropyl cellulose, and magnesium stearate.

Contains soy.

Suggested Use: 1 tablet daily with meal.

WARNING: Do not use if you are pregnant, may become pregnant, breast-feeding, or taking any form of prescription nitrate such as nitroglycerin. If you are diabetic, consult your physician before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

SN1487 REV I171-E

Manufactured for:
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