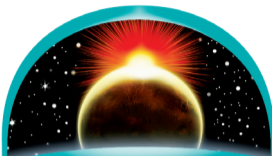


SOURCE NATURALS®



DIETARY SUPPLEMENT

ADVANCED ONE™  
MULTIPLE

90 TABLETS

## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin A (as palmitate 10,000 IU & beta-carotene 2,000 IU)	12,000 IU	240%
Vitamin C (as calcium ascorbate, ascorbic acid, and ascorbyl palmitate)	250 mg	417%
Vitamin D-3 (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate)	150 IU	500%
Thiamin (vitamin B-1)	60 mg	4,000%
Riboflavin (vitamin B-2)	60 mg	3,529%
Niacinamide 55 mg & Niacin 20 mg (vitamin B-3)	75 mg	375%
Vitamin B-6 (as pyridoxine HCl & pyridoxal-5'-phosphate)	60 mg	3,000%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	100 mcg	1,667%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium D-pantothenate)	75 mg	750%
Calcium (as calcium carbonate & ascorbate)	50 mg	5%
Iron (as iron fumarate)	12 mg	67%
Iodine (as potassium iodide)	100 mcg	67%
Magnesium (as magnesium oxide & malate)	30 mg	8%
Zinc (as zinc monomethionine [OptiZinc®])	15 mg	100%
Selenium (as L-selenomethionine & sodium selenite)	200 mcg	286%
Copper (as copper sebacate)	1 mg	50%
Manganese (as manganese citrate & succinate)	6 mg	300%
Chromium (as chromium polynicotinate [ChromeMate®] & chromium picolinate)	200 mcg	167%
Molybdenum (as amino acid chelate)	100 mcg	133%
Potassium (as potassium citrate & malate)	10 mg	<1%

Choline Bitartrate	60 mg	†
Inositol	50 mg	†
PABA (para-aminobenzoic acid)	50 mg	†
Ascorbyl Palmitate	40 mg	†
N-Acetyl Cysteine	40 mg	†
alpha-Lipoic Acid	40 mg	†
Silymarin (from milk thistle seed extract)	30 mg	†
Ginkgo Leaf Extract (24% flavone glycosides & 6% terpene lactones)	30 mg	†
MSM (Methylsulfonylmethane [OptiMSM®])	25 mg	†
Eleuthero Root Extract	25 mg	†
Quercetin	25 mg	†
Green Tea Leaf Extract (95% polyphenols)	20 mg	†
Grape Seed Extract (Proanthodyn™)	20 mg	†
Coenzyme Q10	15 mg	†
Bilberry Fruit Extract (32% anthocyanosides)	10 mg	†
Black Pepper Fruit Extract (BioPerine®)	2 mg	†
Boron (as amino acid chelate)	1 mg	†

†Daily Value not established.

Other ingredients: modified cellulose gum, stearic acid, silica, and maltodextrin.

Contains soy.

**Suggested Use:** 1 tablet with a meal.

**WARNING:** Do not use if you are pregnant, may become pregnant, breastfeeding, or taking any form of prescription nitrate such as nitroglycerin. If you are diabetic, consult your physician before using this product.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

SN1486 REV 1172-D

Manufactured for:  
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