

Suggested usage: Mix 1 packet of PGX Daily® Singles (2.5 g) into 8 fl. oz (1 cup) of cold water and stir briskly. Take 1 to 2 times per day or as directed by a health professional. Take PGX Daily® with or without food or with healthy snacks to greatly reduce appetite and curb food cravings.*

Reduces appetite by promoting a feeling of fullness.* Helps lower the glycemic index.* Helps maintain healthy blood sugar and total cholesterol levels already within the normal range.*

Serving option: PGX Daily® Granules are unflavored and can also be sprinkled onto moist food, yogurt, fruit salad (fresh or no sugar varieties), oatmeal, soup, non-carbonated low-calorie beverage, or meal replacements. On the go? PGX Daily® Singles make it easy to take PGX® when you are away from home. Be sure to have a few singles on hand at a restaurant, on a plane, or at your desk. Wherever you are, PGX Daily® Singles are a convenient way to add PGX® to your daily diet.

Notice: A small percentage of people may initially experience minor digestive changes when taking PGX®. Slowly work up to the full dose to give your body time to adjust. It is important to drink adequate amounts of water (8–16 oz or 1–2 cups) immediately after taking PGX®.

Cautions: Consult your health professional before use if you are under 18 years of age or have any health concerns. If you are taking medication, take it one hour prior to or two hours after taking PGX®. As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you have a medical condition or anticipate a surgery. Keep out of the reach of children.

PGX® promotes weight loss when combined with a healthy diet and exercise plan.* Results may vary.



PGX US PATENTS:
8062686;
8597709.

**15 x 2.5g
of Granules
per Stick
(Net Wt 1.32 oz)**

DIETARY SUPPLEMENT

SINGLES

- ▶ Reduces appetite*
- ▶ Great with ALL weight management programs*
- ▶ Lowers the glycemic index and promotes healthy blood sugar levels already within normal range*

**15
Convenient
Sticks**

**PGX[®]
DAILY**



Supplement Facts

Serving Size 1 Packet (2.5 g)
Servings Per Container 15

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate †	2.5 g	<1%‡
Dietary Fiber †	2.5 g	9%‡
Soluble Fiber	2.5 g	**
Sodium	70 mg	3%

PGX® (PolyGlycopleX®)
Highly purified water soluble polysaccharide complex manufactured using the proprietary EnviroSimplex® process: Konjac-mannan (*Amorphophallus konjac*) root, xanthan gum, sodium alginate.

† Percent Daily Values are based on a 2,000 calorie diet.
‡ Daily Value not established.
♦ † Calories from 0 g Available Carbs
(Total Carbs – Fiber = Available Carbs)

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, animal products, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PGX®, PolyGlycopleX®, PGX Daily®, and EnviroSimplex® are registered trademarks of InovoBiologic Inc.
PGX® US Patents: 8062686; 8597709.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
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**PGX[®]
DAILY**

PGX® (PolyGlycopleX®) is a novel complex of water-soluble polysaccharides. It was developed after many years of research, most of which focused on the link between blood sugar levels, appetite, and weight gain. PGX® safely and effectively supports healthy blood sugar levels already within normal ranges, reduces appetite, and supports weight management.*

The most important advantage of PGX® over other soluble fiber products is that significantly less PGX® is required to obtain the same important health benefits, including appetite control and reduced food cravings.*

PGX® is great with ALL weight management programs
Try other PGX® products, including PGX Daily® Ultra Matrix softgels and SlimStyles®, PGX® Ultra Matrix Plus Soothe Digest™. Also try SlimStyles® with a PGX® meal replacement drink – a blend of PGX® and high quality whey protein with added nutrients that when blended with water make a creamy, delicious smoothie! Available in 3 flavors: Double Chocolate, French Vanilla, and Very Strawberry.

**LOT & EXPIRY
DO NOT PRINT**



R3

UNFLAVORED GRANULES!
Mix into Water or
sprinkle onto your
Favorite Moist Food.