

Suggested Use: Take 1 tablet twice daily, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)
Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

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3401 W. 37th Ave. Hobart, IN 46342



Dietary Supplement

Super B-100 Complex™ 50 Tablets

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value **	
Thiamin (Vitamin B-1) (as thiamine HCl)	100 mg	6,667%
Riboflavin (Vitamin B-2)	100 mg	5,882%
Niacin (Vitamin B-3) (as niacinamide)	100 mg	500%
Vitamin B-6 (as pyridoxine HCl)	100 mg	5,000%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	100 mcg	1,667%
Biotin	100 mcg	33%
Pantothenic acid (as d-calcium pantothenate)	100 mg	1,000%
Calcium (as calcium carbonate)	54 mg	5%
Phosphorus (as dicalcium phosphate)	42 mg	4%
Choline (as choline bitartrate)	50 mg	†
Inositol	100 mg	†
PABA (para-aminobenzoic acid)	100 mg	†

† Daily Value not established.

** Daily Values are based on a 2,000 calorie per day diet.

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, croscarmellose sodium, silicon dioxide, aqueous film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol).

