

Suggested Use: Take 1 tablet daily, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

Distributed by: Indiana Botanic Gardens, Inc.

3401 W. 37th Ave. Hobart, IN 46342



Dietary Supplement

Folic Acid

800 mcg.
250 Tablets

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value **	
Folate (as folic acid)	800 mcg	200%
Calcium (as dicalcium phosphate)	40 mg	4%
Phosphorus (as dicalcium phosphate)	31 mg	3%

** Daily Values are based on a 2,000 calorie per day diet.

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, vegetable stearic acid, vegetable magnesium stearate, croscarmellose sodium, and aqueous film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol).

