



DIETARY SUPPLEMENT

One Daily Women's

with Vitamin D-3

supports bone and breast health,
heart health, immunity, physical energy
and healthy reproductive system*

200
tablets

For complete list of ingredients, see back of bottle. Contains 200 tablets. © 2011 Rite Aid.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

Supplement Facts

Serving Size One (1) Tablet

Each Tablet Contains		% Daily Value
Vitamin A (20% as beta-Carotene, 80% as Acetate)	2500 IU	50%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D (as Cholecalciferol)	1000 IU	25%
Vitamin E (as di-alpha Tocopheryl Acetate)	22.5 IU	75%
Vitamin K (as Phytonadione)	25 mcg	50%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg	100%
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (as Nicotinamide)	20 mg	100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	300 mcg	100%
Calcium (as Calcium d-Pantothenate)	10 mg	100%
Iron (as Ferrous Fumarate)	500 mg	100%
Sodium (as Potassium Iodide)	18 mg	100%
Zinc (as Zinc Oxide)	150 mcg	100%
Selenium (as Sodium Selenate)	15 mcg	100%
Copper (as Cupric Sulfate)	20 mcg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Chloride)	120 mcg	100%

OTHER INGREDIENTS: Microcrystalline Cellulose, Acacia, Croscarmellose Sodium, Coating (Titanium Dioxide, Dextrose, Polyethylene Glycol, Stearic Acid, Soy Lecithin, Artificial Color (FD&C Yellow #5 Lake and Yellow #6 Lake, Blue #2 Lake), Calcium Silicate, Gelatin, Sodium Ascorbate, Food Starch, Magnesium Stearate, Silicon Dioxide, Sugar, Cellulose, Starch, Sodium Lauryl Sulfate, Sodium Ascorbate, MCTs, di-alpha Tocopherol, Sorbic Acid, Benl, Glucose Syrup, Sodium Benzoate, Tricalcium Phosphate, Sodium Silicoaluminate, Calcium Stearate, Natural Mixed Tocopherols.

CONTAINS: Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Directions: Take one (1) tablet daily with a full glass of water, preferably after a meal.

FRESHNESS AND POTENCY GUARANTEED THROUGH:

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No Artificial Flavors.

IMPORTANT: Tamper evident seal under cap. Do not use if printed seal is broken or missing.

KEEP OUT OF REACH OF CHILDREN.
Keep in a cool, dry place.

DISTRIBUTED BY:
RITE AID
30 HUNTER LANE
CAMP HILL, PA 17011

IF YOU'RE NOT
SATISFIED, WE'LL
HAPPILY REFUND
YOUR MONEY.

