## **SOURCE NATURALS®**



## **Supplement Facts** Serving Size 1 Tablet

**Amount Per Serving** %DV 10.000 IU 200% Vitamin A (as palmitate) Vitamin D-3 (as cholecalciferol) 100%

Other ingredients: microcrystalline cellulose, stearic acid, modified cellulose gum, and silica.

400 III

## Contains sov.

Vitamin A is an essential nutrient which is required for both day and night vision, maintaining healthy skin, and keeping milicous membranes moist and functioning. It is also needed P.O BOX 2118, SANTA CRUZ, CA 95062 by the thymus gland and the bones. Vitamin D helps regulate www.sourcenaturals.com calcium and phosphorus levels in the bones, teeth, and blood. It is necessary for proper absorption of calcium from the intestine, and for the normal mineralization of the bones.\*

Suggested Use: 1 tablet daily.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

WARNING: If you are pregnant, may become pregnant. or breastfeeding, take only 1/2 tablet per day. Do not exceed a total intake of 5,000 IU of preformed vitamin A (palmitate) daily and consult your health care professional before using this product.

Contains no yeast, dairy, egg, gluten or wheat. Contains no sugar, salt, preservatives, or artificial color, flavor or fragrance. \*These statements have not been evaluated by the Food

and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for: © SOURCE NATURALS, INC.

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