

**FLAVOR** 

CHOCOLATE PEANUT RUTTER naturally and artificially flavored

## 1 SERVING NET WT 1.23 OZ (35 g)

\*Notice: Use this product as a Food Supplement only. Do not use for weight reduction.

## **Nutrition Facts**

Serving Size: 1 Packet (35g) Servings Per Packet: 1

Amount Per Serving

Calories 140 Calories from Fat 25

% Daily Value\* Total Fat 3q 5% Saturated Fat 1.5g 8%

Trans Fat 0g

25% Cholesterol 75mg Sodium 240mg 10%

8% Potassium 280mg

Total Carbohydrate 6q 2% 4% Dietary Fiber <1g

Sugars 4g

Protein 21g 42% Vitamin A 0% Vitamin C 2%

Iron 6%

Calcium 25% Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: PROTEIN BLEND (WHEY PROTEIN CONCENTRATE, MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, MICELLAR CASEIN), COCOA POWDER (PROCESSED WITH ALKALI), PARTIALLY DEFATTED PEANINT FLOUR, SURED WERE GEAMER (SUNFLOWER OBL., MALTODEXTRIN, MICELLAR CASEIN, SOY LECTHIN, SODIUM CITRATE, TRICAL CLUM PHOSPPHATE, SALT, GUM BLEND (CELLULOSE GUM, NATHAN GUM, CARRAGENAN), SOY LECTHIN, CELLULOSE GUM, NATURAL AND ARTIFICIAL FLAVOR, SUCRALOSE, MALTODEXTRIN, STEVIOL GLYCOSIDES (STEVA), SUNFLOWER LECTHIN.

CONTAINS: MILK, PEANUT AND SOY.

Manufactured for and distributed by: Dymatize Enterprises, LLC

Dallas, TX 75207 USA (888) 334-5326 | **DYMATIZE.COM** 

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

AMOUNTS PER PACKET SUGAR 4a

DIRECTIONS: Add 1 packet to 8 fl. oz. of water, milk or your favorite beverage and mix thoroughly. Adjust the amount of fluid to achieve desired taste and consistency. Enjoy before workouts, after workouts or anytime.

CHOICE / Trusted by sport

MADE IN THE USA From Domestic and International Ingredients