



# DAILY MULTIPLE

FOR WOMEN 50+

**Supports cardiovascular health\***  
**Promotes bone health\***

**50 tablets      DIETARY SUPPLEMENT**

## Supplement Facts

| Serving Size 1 Tablet                           |          |              |
|-------------------------------------------------|----------|--------------|
| Amount Per Serving                              |          | %Daily Value |
| Vitamin A                                       | 2,500 IU | 50%          |
| (as Vitamin A Acetate and 20% as Beta-Carotene) |          |              |
| Vitamin C (as Ascorbic Acid)                    | 60 mg    | 100%         |
| Vitamin D (as Cholecalciferol)                  | 1,000 IU | 250%         |
| Vitamin E                                       | 22.5 IU  | 75%          |
| (as dl-Alpha Tocopheryl Acetate)                |          |              |
| Vitamin K (as Phylloquinone)                    | 20 mcg   | 25%          |
| Thiamin                                         | 4.5 mg   | 300%         |
| (Vitamin B-1 (as Thiamin Mononitrate))          |          |              |
| Riboflavin (Vitamin B-2)                        | 3.4 mg   | 200%         |
| Niacin (as Nicotinamide)                        | 20 mg    | 100%         |
| Vitamin B-6 (as Pyridoxine Hydrochloride)       | 6 mg     | 300%         |
| Folic Acid                                      | 400 mcg  | 100%         |
| Vitamin B-12 (as Cyanocobalamin)                | 25 mcg   | 417%         |

**Other Ingredients:** Cellulose (Plant Origin), Cellulose Coating, Contains <2% of: Croscarmellose, Dicalcium Phosphate, FD&C Blue #2 Lake, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, Gelatin (Fish & Porcine), Maltodextrin, Mannitol, Polysorbate 80, Silica, Titanium Dioxide Color, Triacetin, Vegetable Magnesium Stearate, Vegetable Stearic Acid. Contains Fish (hake, redfish, sole, cod, cusk, flounder, haddock, pollock).

**Directions:** For adult women, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care provider.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

| Amount Per Serving               |         | %Daily Value |
|----------------------------------|---------|--------------|
| Biotin                           | 30 mcg  | 100%         |
| Pantothenic Acid                 | 15 mg   | 150%         |
| (as d-Calcium Pantothenate)      |         |              |
| Calcium (as Calcium Carbonate)   | 500 mg  | 50%          |
| Iodine (as Potassium Iodide)     | 150 mcg | 100%         |
| Magnesium (as Magnesium Oxide)   | 50 mg   | 13%          |
| Zinc (as Zinc Oxide)             | 22.5 mg | 150%         |
| Selenium (as Sodium Selenate)    | 20 mcg  | 29%          |
| Copper (as Cupric Sulfate)       | 2 mg    | 100%         |
| Manganese (as Manganese Sulfate) | 4 mg    | 200%         |
| Chromium (as Chromium Chloride)  | 180 mcg | 150%         |
| Molybdenum (as Sodium Molybdate) | 90 mcg  | 120%         |
| Ginkgo Biloba 4:1 Extract        | 120 mg  | **           |
| (Ginkgo biloba) (leaf)           |         |              |

\*\*Daily Value not established.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by children.

**KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**



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**Daily Multiple for Women 50+ is specifically designed to address the changes mature women experience by providing key nutrients that help keep the body performing at its best.**

**Just one tablet provides rich sources of B-6, B-12 and Folic Acid, which play a role in maintaining healthy homocysteine levels.\***

**Vitamins C & E support circulatory health while promoting antioxidant protection for the skin.\***

**Each serving provides an excellent source of calcium, the key mineral needed for strong bones.\* High potency Vitamin D is also included to help your body absorb Calcium.\***



Compare to  
One A Day® Women's  
50+ Advantage\*\*

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No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, artificial flavor.

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\*\*One A Day® is a registered trademark of Bayer Healthcare LLC. This product is not manufactured, distributed or marketed by Bayer Healthcare LLC.

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