20mm High Distinguishable Area

INFORMED-CHOICE.ORG
Trusted by sport

Informed-Choice® is a quality assurance program that certifies that all nutritional supplements and/or ingredients that bear the Informed-Choice logo have been tested for banned substances by the world class sports anti-doping lab, LGC.

AMOUNTS PER SERVING	PROTEIN	CALORIES	CARBS	FAT	SUGAR	BCAAs	LEUCINE
	21g	140	8g	2.5g	6g	4.5g	2.2g

FAST AND SLOW RELEASE PROTEINS ENGINEERED TO FEED MUSCLE. EXTEND THE BENEFITS OF PROTEIN.

FAST & SLOWER ACTING PROTEINS

Elite XT® delivers the muscle building potency of milk proteins, fast acting whey and slower acting casein, to support the development of muscle strength and size in response to serious training. Strategically formulated to deliver 2.2 grams of leucine and 4.5 grams of total BCAAs, Elite XT promotes muscle response whether you're a beginner or a pro. BCAAs are the muscle-building amino acids that naturally occur in protein, with leucine being the BCAA directly involved in activating muscle protein synthesis.

Whey protein is known worldwide as the fastest digesting and absorbing natural protein. Casein is digested more slowly which supports muscle protein building for hours. Elite XT is formulated at a 4:1 ratio of whey to casein which makes Elite XT ideal after tough workouts or throughout the day.

REAL SCIENCE & QUALITY

Dymatize® proteins are formulated based on the latest science and put to the test in university studies and at elite professional training facilities. Dymatize protein powders are always manufactured in GMP and Sport Certified facilities, meaning that all ingredients and final products are rigorously tested and validated clean and safe. They are banned substance tested for athlete's reassurance by Informed-Choice® (www.informed-choice.org).

DYMATIZE PROTEIN ETHICS

100% of the protein claimed per serving is derived from high-quality, pure, intact proteins. All Elite XT protein powders are instantized for easy mixing ensuring that you get world class taste and consistency from every serving. **We do not amino spike.**

20mm High Distinguishable Area
Recommended Copy Area

GET DYMATIZED™

Fold

Dymatize®

NET WT 4 LB (1.8 kg)

SOLD BY WEIGHT NOT VOLUME

PROTEIN	BCAAs	LEUCINE
21g	4.5g	2.2g

Dymatize
PERFECTING ATHLETIC NUTRITION™

Carefully

ELITE XT®

PROTEIN POWDER
MULTI-SOURCE PROTEIN BLEND

52 SERVINGS
BANNED SUBSTANCE TESTED + GLUTEN FREE

RICH VANILLA
naturally and artificially flavored

Notice: Use this product as a food supplement only. Do not use for weight reduction.

DIRECTIONS: Add 1 scoop (included) to 8 fl. oz. of water, milk or your favorite beverage and mix thoroughly. Adjust the amount of fluid to achieve desired taste and consistency. Enjoy before workouts, after workouts or anytime.

Nutrition Facts

Serving Size: 1 Scoop (35g)
Servings Per Container: About 52

Amount Per Serving	
Calories 140	Calories from Fat 20
	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 170mg	7%
Potassium 220mg	6%
Total Carbohydrate 8g	3%
Dietary Fiber 0g	0%
Sugars 6g	
Protein 21g	42%
Vitamin A 0% • Vitamin C 0%	
Calcium 26% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: PROTEIN BLEND (WHEY PROTEIN CONCENTRATE, MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, MICELLAR CASEIN), MALTODEXTRIN, SUNFLOWER CREAMER (SUNFLOWER OIL, MALTODEXTRIN, MICELLAR CASEIN, SOY LECITHIN, SODIUM CITRATE, TRICALCIUM PHOSPHATE), NATURAL AND ARTIFICIAL FLAVOR, GUM BLEND (CELLULOSE GUM, XANTHAN GUM, CARRAGEENAN), SOY LECITHIN, CELLULOSE GUM, SALT, SUCRALOSE, STEVIOL GLYCOSIDES (STEVIA), SUNFLOWER LECITHIN.
CONTAINS: MILK AND SOY.

Manufactured for and distributed by:
Dymatize Enterprises, LLC
Dallas, TX 75207 USA
(888) 334-5236

TYPICAL AMINO ACID PROFILE**
21g TOTAL AMINO ACIDS PER SERVING

- 2:1:1 RATIO BCAAs 4.5 g
- LEUCINE 2.2 g
- OTHER EAAs 5.2 g
- GLUTAMINE† 3.8 g
- OTHER CEAAs 2.1 g
- NON-EAAs 5.4 g

46% ESSENTIAL AMINO ACIDS (EAAs): **9.7 g**

Why Leucine?
Leucine is the BCAA that is directly involved in activating Muscle Protein Synthesis.

28% CONDITIONALLY ESSENTIAL AMINO ACIDS (CEAAs): **5.9 g**

Is Glutamine important?
Yes! Glutamine supports muscle recovery after strenuous workouts.

26% NON-ESSENTIAL AMINO ACIDS (NON-EAAs): **5.4 g**

Why is non-essential... essential?
Non-Essential aminos are foundational building blocks of muscle!

**All Amino Acids are naturally occurring in protein. Amounts are based on one serving. Full Amino Acid Profile can be found at: Dymatize.com/EliteXT
†Includes Glutamic Acid

MADE IN THE USA FROM DOMESTIC AND INTERNATIONAL INGREDIENTS

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

DYMATIZE.COM

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