



**FAST AND SLOW RELEASE PROTEINS
ENGINEERED TO FEED MUSCLE.
EXTEND THE BENEFITS OF PROTEIN.**

Elite XT delivers the muscle building potency of milk proteins, fast acting whey and slower acting casein, to support the development of muscle strength and size in response to serious training. Strategically formulated to deliver 3.2 grams of leucine and 4.5 grams of total BCAAs, Elite XT promotes muscle response whether you're a beginner or a pro. BCAAs are the muscle-building amino acids that naturally occur in protein, with leucine being the BCAA directly involved in activating muscle protein synthesis.

Whey protein is known worldwide as the fastest digesting and absorbing natural protein. Casein is digested more slowly which supports muscle protein building for hours. Elite XT is formulated at a 4:1 ratio of whey to casein which makes Elite XT ideal after tough workouts or throughout the day.

mouthed, and artificially flavoured.

Joan High Distinction
Recommended Course

Dymatize® proteins are formulated based on the latest science and put to the test in university studies and at elite professional training facilities. Dymatize protein powders are always manufactured in GMP and SQAC Certified facilities, meaning that all ingredients and final products are rigorously tested and validated clean and safe. They are banned substance tested for athlete's reassurance by Informed-Choice® (www.informed-choice.org).

100% of the protein claimed per serving is derived from high-quality, pure, intact proteins. All Elite XT protein powders are instantized for easy mixing ensuring that you get world class taste and consistency from every serving. **We do not amino spike.**

GET  DYMATIZED



NET WT 4 LB (1.8 kg)

SOLD BY INDEPENDENT DEALERS

PROTEIN	BCAAs	LEUCINE
21g	4.5g	2.2g

ELITE XT[®]

PROTEIN POWDER
MULTI-SOURCE PROTEIN BLEND

52 SERVINGS
BANNED SUBSTANCE TESTED + GLUTEN FREE

BANANA NUT
naturally and artificially flavored

Notice: Use this product as a food supplement only. Do not use for weight reduction.



DIRECTIONS: Add 1 scoop (included) to 8 fl. oz. of water, milk or your favorite beverage and mix thoroughly. Adjust the amount of fluid to achieve desired taste and consistency. Enjoy before workouts, after workouts or anytime.

Serving Size: 1 Scoop (35g) Servings Per Container: About 52			
Amount Per Serving			
Calories 140	Calories from Fat 25		
% Daily Value*			
Total Fat 3.5g	4%		
Saturated Fat 1g	5%		
Trans Fat 0g			
Cholesterol 57mg	25%		
Sodium 120mg	2%		
Potassium 220mg	6%		
Total Carbohydrate 1g	3%		
Dietary Fiber 0g	0%		
Sugars 1g			
Protein 25g	42%		
Vitamin A 2%	Vitamin C 6%		
Calcium 25%	Iron 2%		

*Percent Daily Values are based on a 
 Note: Your daily intake may be higher or lower depending on your current needs.

	Calories	2,000	3,000
Total Fat	Less than	65g	95g
Saturated Fat	Less than	25g	35g
Cholesterol	Less than	200mg	300mg
Sodium	Less than	2,400mg	3,600mg
Potassium	Less than	3,000mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram: Carbohydrates 4 • Protein 4

TYPICAL AMINO ACID PROFILE
21g TOTAL AMINO ACIDS PER SERVING

2:33 AM
BCAA: 4.5g
LEUCINE 2.2g
OTHER AA: 1.3g

46%
ESSENTIAL AMINO ACIDS (EAA) 9.7g
with *g1s Essential*™
Leucine is the BCAA that is directly involved in stimulating Muscle Protein Synthesis.

GLUTAMINE*
9.4g

OTHER CLAIMS
2.1g

**28%
CONDITIONALLY ESSENTIAL
AMINO ACIDS (C-EAA)† 5.9g**

(*) Glutamine Imperfect™
Yes! Glutamine supports the muscle
recovery after strenuous workouts.

NON-ESSENTIAL
5.4g

26%
NON-ESSENTIAL
AMINO ACIDS (NON-ESSENTIAL) 5.4g

With 9 essential amino acids... essential?

Non-Essential amino acids are foundational building blocks for muscle.

**All Amino Acids are naturally occurring in protein. Amounts are based on one serving. Full Amino Acid Profile can be found at: Elysium.com/Elitix1
Includes Glutamic Acid



STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN

DYMATIZE.COM

trans-*c*