

Emerald™
The Additive-Free Company

Doctor-Formulated

CoEnzymated Prenatal 1-Daily Multi

- Methylated Folate
- PureWay-C®
- Albion® Gentle Iron

30 Vegetable Caps Dietary Supplement

- Clinical Potency
- Made in the U.S.A.
- No Magnesium Stearate
- Gluten-Free
- Vegetarian Formula
- Raw Whole-Food Based

Suggested Use: Take one (1) capsule with breakfast or lunch.

Supplement Facts

Serving Size: 1 Capsule

Savings per container: 30

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Vitamin A (Retinol Palmitate)	1000 IU †	Selenium † (Elemental Selenium)	25 mcg 35%
Vitamin B1 (Thiamine Mononitrate)	500 mg 100%	Iodine (Potassium Iodide)	20 mcg 35%
Vitamin B2 (Riboflavin)	500 mg 100%	Copper † (TMAC)* (Bisacrylate Chelate)	20 mcg 20%
Vitamin B3 (Nicotinamide)	15 mg 25%	Manganese † (TMAC)* (Bisacrylate Chelate)	45 mcg 20%
Vitamin B6 (Pyridoxine HCl)	1000 mg 200%	Magnesium † (TMAC)* (Bisacrylate Chelate)	1.5 mg 25%
Vitamin C (Ascorbic Acid)	1000 mg 200%	Chromium † (TMAC)* (Bisacrylate Chelate)	200 mcg 167%
Vitamin E (d-Alpha Tocopherol)	15 IU 30%	Glutamine † (TMAC)* (Bisacrylate Chelate)	200 mg 200%
Vitamin K (Phylloquinone)	20 mcg 40%	Molybdenum † (TMAC)* (Bisacrylate Chelate)	25 mcg 35%
Vitamin D (Ergocalciferol)	20 mcg 40%	Potassium † (TMAC)* (Bisacrylate Chelate)	5 mg †
Vitamin F (Gamma Linolenic Acid)	5 mg 5%	Alpha Lipoic Acid	5 mg †
Vitamin B12 (Methylcobalamin)	25 mcg 500%	Inositol	5 mg †
Vitamin B9 (Methylfolate)	25 mcg 500%	Iron	5 mg †
Vitamin B10 (Pantoic Acid)	5 mg 25%	Biotin † (TMAC)* (Bisacrylate Chelate)	500 mcg †
Vitamin B11 (Pantoic Acid)	15 mg 75%	Lactin (Biotin)*	250 mcg †
Vitamin B12 (Methylcobalamin)	25 mcg 500%	Uridine	250 mcg †
Vitamin B13 (Methylcobalamin)	25 mcg 500%	Vitamin D (Ergocalciferol)	100 mcg †
Vitamin B14 (Methylcobalamin)	25 mcg 500%	European Organic Ester (PVP) (PVP)	5 mg †
Vitamin B15 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	10 mg †
Vitamin B16 (Methylcobalamin)	25 mcg 500%	Raw Whole Food Proprietary Blend	25 mg †
Vitamin B17 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B18 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B19 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B20 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B21 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B22 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B23 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B24 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B25 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B26 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B27 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B28 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B29 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B30 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B31 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B32 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B33 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B34 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B35 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B36 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B37 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B38 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B39 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B40 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B41 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B42 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B43 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B44 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B45 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B46 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B47 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B48 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B49 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B50 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B51 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B52 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B53 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B54 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B55 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B56 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B57 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B58 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B59 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B60 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B61 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B62 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B63 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B64 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B65 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B66 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B67 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B68 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B69 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B70 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B71 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B72 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B73 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B74 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B75 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B76 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B77 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B78 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B79 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B80 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B81 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B82 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B83 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B84 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B85 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B86 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B87 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B88 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B89 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B90 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B91 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B92 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B93 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B94 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B95 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B96 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B97 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B98 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B99 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †
Vitamin B100 (Methylcobalamin)	25 mcg 500%	Organic Ester (PVP) (PVP)	25 mg †

*Percent Daily Values are based on a 

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Other Ingredients: Vegetable capsule.

RAW WHOLE-FOOD BASED FORMULA with Probiotics & Enzymes

Organic Raw Whole Food Sprout Powders (Organic Quinoa, Organic Mung Bean, Organic Millet), Raw Probiotic Blend (100 million CFUs Acidophilus/B. Bifidum), Raw Plant Enzyme Blend (Lipase, Lactase, Invertase, Protease, Hemicellulase, Cellulase, Alpha-Galactosidase, Amylase, Bromelain, Papain, Acai-Stable Protease, Maltase), Fructo-Oligosaccharides, Whole Food Pomegranate Juice Powder, Raw Whole Food Freeze-Dried Acai Powder, Whole Food Mangosteen Hull Powder, Whole Food Noni Fruit Powder.

Keep Out of Reach of Children. Do not use if safety seal on cap or printed inner seal is missing or broken. Consult a physician if currently on prescription medication or diagnosed with a medical condition. Store in a Cool, Dry Place.

WARNING: Contains Iron. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately.

Allergen Info: NO corn, NO milk, NO salt, NO sugar, NO soy, NO artificial flavors nor preservatives. Product is manufactured in a facility that processes milk, egg, soy, tree nuts, fish and shellfish.

PureWay-C® is a registered trademark of Innovation Laboratories, Inc.
 V (6S)-5-Methyltetrahydrofolate acid as Quatrefolic® is a registered trademark of Gnosis S.p.A. Patent No. 7,947,662

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PRENATAL 1-DAILY MULTI Vit-A-Min

Convenient 1-Daily formula tailored to meet the specific health needs of pregnant and lactating women, including Antioxidants such as PureWay-C® (12-hour Retention) and Sunflower-based Vitamin E (Soy-Free), Albion® Chelated Gentle Iron, Coenzymated B's and a high-potency serving of Methylated Folate. Recent research has shown that **over 46% of people cannot metabolize synthetic folic acid or natural folate unless it is in its CoEnzymated form ((6S)-5-Methyltetrahydrofolate MTHF.)** This key nutrient is essential for healthy early fetal development.

Clinically Formulated for Enhanced Absorption & Bioavailability!

Emerald® is committed to creating only clean, additive-free products. You can be 100% certain that our ingredients are offered to you in the purest form possible.

- Raw Whole-Food Based
- Therapeutic Doses with Clinical Results
- Gluten-Free Formula
- 100% Additive-Free – No Magnesium Stearate
- cGMP Certified
- Vegetable Capsules

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

Gluten-Free
Formula