

swanson.com

or call 1-800-437-4148

- Supports healthy liver function
- Supports detoxification
- Supports normal homocysteine levels

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take two capsules per day with water. Take with first meal of the day, preferably breakfast.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON™

TMG

Trimethylglycine

Liver Health

1,000 mg

DIETARY SUPPLEMENT | 90 CAPSULES

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 45

Amount Per Serving

TMG (Trimethylglycine) 1 g*
(from natural betaine)

*Daily Value not established.

Other ingredients: Gelatin, may contain one or more of the following: microcrystalline cellulose (plant fiber), magnesium stearate, silica.

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