plnt®
Pure living, naturally true®

WHOLE FOOD Kid's Chewable MULTIVITAMIN

- Whole Food Concentrate Fruit & Vegetable Blend*
- Natural Cherry Berry Mixed Flavor*

60 Chewable Tablets
Dietary Supplement

Supplement Facts

Serving Size 2 Chewable Tablets
Servings Per Container: 30

	Amount Per Serving	% Daily Value*
Calories	15	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	*
Cholesterol	0 g	0%
Total Carbohydrate	4 g	1%†
Dietary Fiber	1 g	<1%
Total Sugars	1 g	*
Includes 0 g Added Sugars		0%
Protein	1 g	2%†
Vitamin A (as beta-carotene)	3000 mcg (5000 IU)	333%
Vitamin C	60 mg	67%
Vitamin D (as cholecalciferol)	10 mcg (400 IU)	50%
Vitamin E	11 mg (16 IU)	73%
Vitamin K	50 mcg	42%
Thiamin (Vitamin B1)	2 mg	167%
Riboflavin (Vitamin B2)	2 mg	154%
Niacin (as niacinamide)	20 mg	125%
Vitamin B6	6 mg	353%
Folate	333 mcg DFE (200 mcg folic acid)	83%
Vitamin B12 (as methylcobalamin)	6 mcg	250%
Biotin	200 mcg	667%
Pantothenic Acid	5 mg	100%
Calcium	20 mg	2%
Iodine	100 mcg	67%
Magnesium	10 mg	2%
Zinc	1 mg	9%
Selenium	30 mcg	55%
Organic Fruit & Vegetable Blend	170 mg	*

Organic Apple (fruit), Organic Amla Berry (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Tart Cherry (fruit), Organic Green Bell Pepper (fruit), Organic Blackberry (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Blueberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Raspberry (fruit), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)

Probiotic Blend	6 mg	*

Lactobacillus bulgaricus, Lactobacillus plantarum, Saccharomyces cerevisiae

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

Other ingredients: Organic Tapioca Dextrose, Organic Gum Arabic, Organic Sucanat Cane Sugar, Organic Erythritol, Natural Flavors, Organic Stevia (leaf), Citric Acid, Organic Coating (Organic Tapioca Maltodextrin, Organic Sunflower Lecithin, Organic Palm Oil, Organic Guar Gum).

Does not contain: Wheat, Gluten, Soy, Dairy, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: Children 4 years and older, chew two (2) tablets daily with food, under adult supervision.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical condition.

This natural product may vary in color. This does not reflect a variation in potency.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-800-223-1216
for more information and to reorder.

Item No. VS-3347 2104545

B S 31
7 66536 03347 8

WHOLE FOOD Kid's Chewable MULTIVITAMIN

Non-GMO • Vegetarian
Made with natural ingredients

Gluten Free | Dairy Free | Soy Free | Nut Free

Item No. VS-3347 2104545

B S 31
7 66536 03347 8

Pure living, naturally true®

Welcome to the world of plnt®: an array of earth-friendly products including herbs, supplements, vitamins, multis, and whole foods independently tested to ensure purity, potency, and consistent quality. The plnt line of products is gluten- and dairy-free, with ingredients sourced in nature. That's why we leave out the "a" in plnt, to represent the absence of artificial preservatives, colors, flavors, or sweeteners. The result is nutrition that you can believe in.

plnt®
Pure living, naturally true®

WHOLE FOOD Kid's Chewable MULTIVITAMIN

- Whole Food Concentrate Fruit & Vegetable Blend
- Natural Cherry Berry Mixed Flavor

60 Chewable Tablets
Dietary Supplement

Supplement Facts

Serving Size 2 Chewable Tablets
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	15	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	*
Cholesterol	0 mg	0%
Total Carbohydrate	4 g	1%†
Dietary Fiber	1 g	<1%
Total Sugars	1 g	*
Includes 0 g Added Sugars		0%
Protein	1 g	2%†
Vitamin A (as beta-carotene)	3000 mcg (5000 IU)	333%
Vitamin C	60 mg	67%
Vitamin D (as cholecalciferol)	10 mcg (400 IU)	50%
Vitamin E	11 mg (16 IU)	73%
Vitamin K	50 mcg	42%
Thiamin (Vitamin B1)	2 mg	167%
Riboflavin (Vitamin B2)	2 mg	154%
Niacin (as niacinamide)	20 mg	125%
Vitamin B6	6 mg	353%
Folate	333 mcg DFE (200 mcg folic acid)	83%
Vitamin B12 (as methylcobalamin)	6 mcg	250%
Biotin	200 mcg	667%
Pantothenic Acid	5 mg	100%
Calcium	20 mg	2%
Iodine	100 mcg	67%
Magnesium	10 mg	2%
Zinc	1 mg	9%
Selenium	30 mcg	55%
Organic Fruit & Vegetable Blend	170 mg	*

Organic Apple (fruit), Organic Amla Berry (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Tart Cherry (fruit), Organic Green Bell Pepper (fruit), Organic Blackberry (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Blueberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Raspberry (fruit), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)

Probiotic Blend	6 mg	*

Lactobacillus bulgaricus, Lactobacillus plantarum, Saccharomyces cerevisiae

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

Other ingredients: Organic Tapioca Dextrose, Organic Gum Arabic, Organic Sucanat Cane Sugar, Organic Erythritol, Natural Flavors, Organic Stevia (leaf), Citric Acid, Organic Coating (Organic Tapioca Maltodextrin, Organic Sunflower Lecithin, Organic Palm Oil, Organic Guar Gum).

Does not contain: Wheat, Gluten, Soy, Dairy, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: Children 4 years and older, chew two (2) tablets daily with food, under adult supervision.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical condition.

This natural product may vary in color. This does not reflect a variation in potency.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.