

Valerian Liquid Extract

Promotes Relaxation & Restful Sleep*

Supplement Facts

Serving Size: 0.7 ml

Servings: about 84

Amount Per Serving

% DV

Valerian rhizome with root

†

(*Valeriana officinalis*) Ⓢ Ⓢ extract 636 mg Ⓢ

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (54-64%). Non-GMO & Gluten-Free

Ⓢ Certified Organic

Ⓢ Fresh (undried)

Ⓢ Extraction rate 560 mg fresh herb per 0.7 ml.

Fresh herb / menstruum ratio: 1 : 1.25

HERB PHARM • WILLIAMS, OR 97544

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Certified organic by Organic Certifiers

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

rhizome with root
VALERIAN

NERVOUS SYSTEM

Calming & Relaxing*



HERB  PHARM®

HERBAL SUPPLEMENT

2 fluid ounces (60 ml)

SUGGESTED USE

SHAKE WELL BEFORE USING

Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, up to 4 times per day for general relaxation.* May be taken up to 1 hour before bed and again at bedtime. Best taken between meals.

Keep Out of the Reach of Children

Store away from heat & light