

If you're serious about performance and results, you need the ALL-NEW MuscleTech® Performance Series!

- NO Proprietary Blends
- NO Underdosed Key Ingredients
- NO Banned Substances (WADA)
- NO Fillers
- NO Hype
- NO Exceptions

Just the Most Powerful Formulas Available

All-in-One Lean Muscle Shake

New and improved ANABOLIC HALO® is a powerful all-in-one formula designed to be taken once daily to drive muscle growth, strength and recovery while training hard.▲ The new and improved formula is designed to eliminate the confusion of which products to take and remembering to take them several times a day.

ANABOLIC HALO® Replaces Seven Products in Only One (Total Value of \$200.00)

1. Replaces Protein Shake (Value of \$40.00)

ANABOLIC HALO® features a 40-gram multi-phase protein system that supplies fast, medium and slow-digesting proteins, which replaces your need to take other protein powder supplements. Protein provides critical amino acids that move through the digestive system at varying speeds, providing extended delivery of amino acids in the blood. This helps to create greater nitrogen retention (critical for building muscle) for longer periods of time. ▲

2. Replaces Recovery Shake (Value of \$27.00)

ANABOLIC HALO® eliminates the need to take a separate post-workout powder as it is the first and only all-in-one formula to contain tart cherry concentrate, which provides a number of powerful phytonutrients that are protected by a specialized skin matrix to ensure potency. These phytonutrients in tart cherries are shown in an emerging body of research to help improve muscle recovery after training through the reduction of post-workout pain. ▲,1,2

3. Replaces Creatine Drink (Value of \$40.00)

Some creatine drinks deliver as little as 750mg of creatine per serving, which is not shown in research to support muscle growth and strength. This is why ANABOLIC HALO® delivers a full 5-gram clinically validated dose proven in human research to increase muscle growth and strength fast. ▲

4. Replaces Electrolyte Drink (Value of \$28.00)

The full-spectrum ANABOLIC HALO® formula supplies essential electrolytes such as calcium and magnesium. There is no need to buy an additional electrolyte beverage.

5. Replaces Amino Acid Drink (Value of \$30.00)

In addition to its key ingredients, ANABOLIC HALO® supplies 6 grams of BCAAs, which help fuel your skeletal muscles, support muscle glycogen resynthesis and reduce the amount of protein breakdown. ANABOLIC HALO® also provides a 2-gram dose of L-alanine. L-alanine is the second-most used amino acid after L-leucine in protein synthesis. The formula also delivers a 2-gram dose of taurine, which aids cell volumization. ▲

6. Replaces Glutamine Shake (Value of \$15.00)

ANABOLIC HALO® supplies 5 grams of an advanced glutamine and glutamic acid blend to help restore plasma glutamine levels that may have been depleted after periods of intense training. ▲

7. Replaces Carbohydrate Drink (Value of \$20.00)

Formulated with a multi-stage carbohydrate blend that features fast- and slow-digesting carbohydrates, ANABOLIC HALO® promotes muscle glycogen replenishment and cell volumization, removing the need to consume a separate carbohydrate energy drink. ▲

• Get More for Your Money

Unlike the competition, Performance Series products contain superior key ingredients in clinically dosed amounts that are fully disclosed so you know exactly what you are paying for.

• Best-in-Class Taste

Every flavor won in head-to-head third-party taste tests against the leading competitors.

**NEW
& IMPROVED**

MUSCLETECH

PERFORMANCE SERIES

REPLACES
7 PRODUCTS
IN 1
EXTREME SAVINGS!

ANABOLIC HALO®

ALL-IN-ONE LEAN MUSCLE SHAKE

40g
Protein†

500mg
Tart Cherry†

100mg
Digestive Enzyme Matrix†

† Per 2-Scoop Serving

**MULTI-PHASE PROTEIN
AND CARB SYSTEM**

**RAPID GAINS IN LEAN
MUSCLE AND STRENGTH▲**

**IMPROVES
MUSCLE RECOVERY▲**

6g
BCAAs†

5g
Glutamine
& Glutamic Acid†

5g
Creatine†

CHOCOLATE
NATURAL AND ARTIFICIAL FLAVORS
DIETARY SUPPLEMENT NET WT. 2.4 LBS. (1.1 kg)



REFERENCES

1. Kuehl et al., 2010. *Journal of the International Society of Sports Nutrition*. 7:17.
2. Connolly et al., 2006. *British Journal of Sports Medicine*. 40:679-683.

Supplement Facts

Serving Size: 1 Scoop (34g)
Servings Per Container: Approx. 32

Amount Per	1 Scoop % Daily Value	2 Scoops % Daily Value
Calories	130	260
Calories from Fat	10	25
Total Fat	1g 2%*	2.5g 4%*
Saturated Fat	0.5g 3%	1g 5%*
Trans Fat	0g †	0g †
Cholesterol	15mg 5%	30mg 10%
Total Carbohydrate	10g 3%*	20g 7%*
Dietary Fiber	1g 4%*	2g 8%*
Sugar	1g †	3g †
Protein	20g 40%*	40g 80%*
Vitamin C (as ascorbic acid)	30mg 50%	60mg 100%
Calcium	175mg 18%	350mg 35%
Magnesium (as magnesium oxide)	47.5mg 12%	95mg 24%
Sodium	140mg 6%	280mg 12%
Potassium (as dipotassium phosphate)	27.5mg 1%	55mg 2%

Glutamine / BCAA Matrix		
L-glutamine and L-glutamic acid (as L-glutamine, whey protein concentrate, milk protein concentrate, calcium caseinate, hydrolyzed whey protein isolate, egg albumen and ModCarb™)	2.5g	† 5g
L-leucine (as L-leucine, whey protein concentrate, milk protein concentrate, calcium caseinate, hydrolyzed whey protein isolate, egg albumen and ModCarb™)	1.4g	† 2.8g
L-valine (as L-valine, whey protein concentrate, milk protein concentrate, calcium caseinate, hydrolyzed whey protein isolate, egg albumen and ModCarb™)	0.8g	† 1.6g
L-isoleucine (as L-isoleucine, whey protein concentrate, milk protein concentrate, calcium caseinate, hydrolyzed whey protein isolate, egg albumen and ModCarb™)	0.8g	† 1.6g

Multi-Phase Carb System		
ModCarb™ slow-digesting carbohydrates	3g	† 6g
Oat (as <i>Avena sativa</i> (kernel), Amaranth (as <i>Amaranthus retroflexus</i> (grain), Quinoa (as <i>Chenopodium quinoa</i> (grain), Buckwheat (as <i>Fagopyrum esculentum</i> (grain), Millet (as <i>Panicum miliaceum</i> (grain), Chia (as <i>Salvia hispanica</i> (grain)		

Muscle Growth and Recovery Complex		
Creatine monohydrate	2.5g	† 5g
Tart cherry concentrate (as <i>Prunus cerasus</i>) (fruit juice)	250mg	† 500mg
Cell-Volumizing Compounds		
L-alanine (as L-alanine, whey protein concentrate, milk protein concentrate, calcium caseinate, hydrolyzed whey protein isolate, egg albumen and ModCarb™)	1g	† 2g
Taurine	1g	† 2g
Glycine (as glycine, whey protein concentrate, milk protein concentrate, calcium caseinate, hydrolyzed whey protein isolate, egg albumen and ModCarb™)	0.75g	† 1.5g

Active Digestive Enzymes		
Papain	25mg	† 50mg
Amylase	25mg	† 50mg

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

OTHER INGREDIENTS: MULTI-PHASE PROTEIN SYSTEM (WHEY PROTEIN CONCENTRATE, MILK PROTEIN CONCENTRATE, CALCIUM CASEINATE, HYDROLYZED WHEY PROTEIN ISOLATE, EGG ALBUMEN), MALTODEXTRIN, COCOA POWDER, NATURAL AND ARTIFICIAL FLAVORS, SUNFLOWER-BASED NUTRITIONAL SUPPLEMENT (SUNFLOWER OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, MONO- AND DIGLYCERIDES, DIPOTASSIUM PHOSPHATE, TRICALCIUM PHOSPHATE, SOY LECITHIN, TOCOPHEROLS (AS PRESERVATIVES), SALT, GUM BLEND (CELLULOSE, GUM, XANTHAN GUM, CARRAGEENAN, ACESULFAME-POTASSIUM, SUCRALOSE, SOY LECITHIN, CONTAINS MILK, SOY, WHEAT AND EGG INGREDIENTS. PROCESSED IN A FACILITY THAT ALSO PROCESSES PEANUT INGREDIENTS.

Protected by U.S. patent #6,326,513. ModCarb™ is a trademark of VDF FutureCeuticals, Inc. ModCarb™ is manufactured under U.S. patent #6,060,519, used under license from VDF FutureCeuticals, Inc. Distributed by Iovate Health Sciences U.S.A. Inc. 1105 North Market Street, Suite 1330, Wilmington, DE 19801. Made in the U.S.A. from domestic and international ingredients. © 2012. For lot no. and expiry date: see bottle.

DIRECTIONS: Mix one serving (1 scoop) with 5 oz. of water once daily. For full effects, mix 2 scoops with 10 oz. of water. On workout days, consume immediately post-workout. Maintain an adequate state of hydration during use.

WARNING: Not intended for use by persons under 18. Do not use if pregnant or nursing. Discontinue use and consult a medical doctor if you experience unusual symptoms. Consult a medical doctor before use if you have been treated for, diagnosed with or have a family history of any medical condition, or if you are using any prescription or over-the-counter drugs, including blood thinners. Consult a medical doctor before starting a diet or exercise program. Do not exceed recommended serving. Improper use of this product will not improve results and is not advised. Use only as directed. Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F). KEEP OUT OF REACH OF CHILDREN.

▲These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

EU PLANT# 3003107574

Notice: Use this product as a food supplement only. Do not use for weight reduction.



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