

**PROBIOTIC-CULTURED.
NON-GMO PROJECT VERIFIED.
WHOLE-FOOD COMPLEXED.**

**Suggested use: One tablet daily.
Can be taken anytime,
even on an empty stomach.**

Gluten free; 100% vegetarian;
no artificial flavors or colors.

Please refer to newchapter.com for more
information about this product and its benefits.

Caution: Ask a healthcare professional before use if you
have any medical condition or are taking any medication.
If you are nursing, pregnant, or considering pregnancy,
you should consult your healthcare professional prior
to using this product. Read ingredients carefully and
avoid use if known sensitivity to any of the ingredients.
Discontinue use and contact your healthcare professional if
you experience a side effect or an allergic reaction. Do not
exceed suggested use. **Keep out of reach of children.**

***This statement has not been evaluated
by the Food and Drug Administration.
This product is not intended to diagnose,
treat, cure, or prevent any disease.**

The New Chapter Money-Back Guarantee:
We proudly stand behind every product we make.
However, if you are not satisfied, please visit
www.newchapter.com/guarantee for refund details.

MADE IN THE USA

Please recycle this bottle after use.

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NEWCHAPTER®

MADE WITH ORGANIC
VEGETABLES & HERBS



new!

**55+
every woman's
ONE DAILY MULTI**

**Whole-Food Fermented Multivitamin
with Nutrients for Immune, Heart,
Digestive & Energy Support***

With Astaxanthin, a rare plant-nutrient from algae

Can be taken on an empty stomach



24 Vegetarian Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving	%DV	Amount per serving	%DV
Vitamin A (100% as beta-carotene from culture media)	2500 IU 50%	Iodine (as potassium iodide from culture media)	75 mcg 50%
Vitamin C (as ascorbic acid from culture media)	30 mg 50%	Zinc (as zinc oxide from culture media)	7.5 mg 50%
Vitamin D3 (as cholecalciferol from culture media)	1000 IU 250%	Selenium (as selenium dioxide from culture media)	75 mcg 107%
Vitamin E (as d-alpha-tocopheryl acetate from culture media)	15 IU 50%	Copper (as copper sulfate anhydrous from culture media)	0.75 mg 38%
Vitamin K (as phyloquinone [K1] from culture media and as menaquinone-7 [K2] from natto)	40 mcg 50%	Manganese (as manganese chloride from culture media)	1 mg 50%
Thiamin (as thiamine hydrochloride from culture media)	2 mg 133%	Chromium (as chromium chloride from culture media)	60 mcg 50%
Riboflavin (from culture media)	2 mg 118%	Molybdenum (as sodium molybdate from culture media)	10 mcg 13%
Niacin (as niacinamide from culture media)	20 mg 100%		
Vitamin B6 (as pyridoxine hydrochloride from culture media)	5 mg 250%	Organic <i>Haematococcus pluvialis</i> algae	60 mg *
Folate (as folic acid from culture media)	200 mcg 50%	Astaxanthin 2 mg	
Vitamin B12 (as cyanocobalamin from culture media)	25 mcg 417%	Organic Turmeric (rhizome) powder (from culture media)	42.5 mg *
Biotin (from culture media)	150 mcg 50%	Digestive Support Blend (from culture media)	37.5 mg *
Pantothenic Acid (as calcium D-pantothenate from culture media)	10 mg 100%	Organic Aloe (leaf), Organic Peppermint (leaf), Organic Coriander (seed), Organic Cardamom (fruit), Organic Artichoke (leaf)	
Calcium (from algae <i>Lithothamnion calcareum</i>)	25 mg 3%	Hormone Support Blend (from culture media)	37.5 mg *
		Organic Chaste Tree (berry), Organic Red Clover (flower), Organic Raspberry (leaf)	

* Daily Value (DV) not established

Other ingredients: Culture media (organic soy flour, organic gum acacia, organic *Saccharomyces cerevisiae*, organic maltodextrin, organic orange peel powder, organic molasses, organic carrot powder, organic alfalfa powder, lactic acid bacteria [*L. acidophilus*, *B. bifidum* and *L. rhamnosus*], papain [deactivated], bromelain [deactivated] and organic safflower oil), organic gum acacia, silicon dioxide, lac resin, carnauba wax, mixed tocopherols and magnesium oxide.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).†

† The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301 For questions or comments call 888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA