

**If you're serious about performance and results,
you need the ALL-NEW MuscleTech® Performance Series!**

- NO Proprietary Blends
- NO Underdosed Key Ingredients
- NO Banned Substances (WADA)
- NO Fillers
- NO Hype
- NO Exceptions

Just the Most Powerful Formulas Available

The Strongest Pre-Workout Formula Ever Developed

NANO VAPOR® is the first pre-workout to deliver the unique and innovative combination of ingredients found in its formula. It supplies key ingredients that have been dosed based on human clinical research and delivers:

• First-Dose Strength Gains

During the last set of an exhaustive 16-set chest workout, subjects taking 8,000mg of L-citrulline malate were still able to increase the number of reps on their bench press by 53%.^{1,4}

• Long-Lasting Focus and Clean Energy Boost

First to combine 390mg of caffeine and 150mg of L-theanine. This unique combination has been shown to improve focus in subjects up to 90 minutes after ingestion.² Caffeine has also been shown to jack up energy for extreme training intensity.^{4,3}

• Best Muscle Pump Possible

First to combine 8,000mg of L-citrulline malate and 200mg of quercetin. L-citrulline has been scientifically shown to reach superior peak plasma arginine levels compared to a larger dose of L-arginine.⁴ Quercetin has been clinically shown to increase key markers of nitric oxide production and reduce a vasoconstricting factor.^{4,5}

• Faster Muscle Growth

Delivers a clinically proven 5,000mg dose of creatine.^{4,6}

• Enhancement of the Muscle- and Strength-Building Process

A 3,200mg dose of beta-alanine has been clinically shown to enhance the muscle- and strength-building process.⁷ Most other pre-workout formulas deliver a questionable dose of this ingredient hidden in a proprietary blend.⁴

• Longer and Harder Training Sessions

First pre-workout to deliver a 2,500mg dose of betaine, which has been shown to improve muscular endurance.⁸ Most other pre-workouts fail to deliver this powerful ingredient.⁴

• Get More for Your Money

Unlike the competition, Performance Series products contain superior key ingredients in clinically dosed amounts that are fully disclosed so you know exactly what you are paying for.

• Best-in-Class Flavor

Every flavor won in head-to-head third-party taste tests against the leading competitors.

REFERENCES

1. Pérez-Guisado et al., 2010. *Journal of Strength and Conditioning Research*. 24(5):1215-1222.
2. Owen et al., 2008. *Nutritional Neuroscience*. 11(4):193-198.
3. Goldstein et al., 2010. *Journal of the International Society of Sports Nutrition*. 7:5.
4. Schwedhelm et al., 2007. *British Journal of Clinical Pharmacology*. 65(1):51-59.
5. Loke et al., 2008. *American Journal of Clinical Nutrition*. 88:1018-1025.
6. Buford et al., 2007. *Journal of the International Society of Sports Nutrition*. 4:6.
7. Hoffman et al., 2006. *International Journal of Sport Nutrition and Exercise Metabolism*. 16:430-446.
8. Hoffman et al., 2009. *Journal of the International Society of Sports Nutrition*. 6:7.



**NEW
& IMPROVED**



PERFORMANCE SERIES

NANO VAPOR®

HARDCORE PRE-WORKOUT FORMULA

8g
L-Citrulline
Malate ‡

‡ Per 3-scoop max. serving

3.2g
Beta-Alanine ‡

2.5g
Betaine ‡

**IMMEDIATE ENERGY,
FOCUS & STRENGTH***

MAXIMUM PUMPS*

**LEAN MUSCLE
& RECOVERY***

200mg
Quercetin ‡

5g
Creatine ‡

0g
Sugar ‡

SOUR APPLE
NATURAL AND ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT NET WT. 1.2 LBS. (528g)

Supplement Facts

Serving Size: 1 Scoop (13g)
Servings Per Container: 40

Amount Per	1 Scoop	% Daily Value	3 Scoops	% Daily Value
Calories	45		130	
Total Carbohydrate	3g	1%*	9g	3%*
Sugar	0g	†	0g	†
Vitamin C (as ascorbic acid)	67mg	112%	200mg	333%
Vitamin B6 (as pyridoxine hydrochloride)	0.39mg	20%	1.17mg	59%
Vitamin B12 (as cyanocobalamin)	1.2mcg	20%	3.6mcg	60%
Calcium	120mg	12%	360mg	36%

Pump and Performance Complex

L-citrulline malate	2,667mg	†	8,000mg	†
Beta-alanine (as CarnoSyn®)	1,067mg	†	3,200mg	†
Betaine anhydrous	833mg	†	2,500mg	†
Quercetin	67mg	†	200mg	†
Yohimbe extract (as <i>Pausinystalia yohimbe</i>) (bark)	25mg	†	75mg	†

Supplying yohimbine and rauwolfscine

Cell Volumization and Growth Matrix

Creatine monohydrate	1,667mg	†	5,000mg	†
Taurine	1,500mg	†	4,500mg	†
L-aspartic acid	1,000mg	†	3,000mg	†

Energy and Focus Complex

Caffeine anhydrous	130mg	†	390mg	†
L-theanine	50mg	†	150mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVORS, CALCIUM CARBONATE, ACESULFAME-POTASSIUM, SUCRALOSE, SILICON DIOXIDE, FD&C BLUE NO. 1 LAKE, FD&C BLUE NO. 2, PROCESSED IN A FACILITY THAT ALSO PROCESSES MILK, EGG, SOY, WHEAT AND PEANUT INGREDIENTS.

Protected by U.S. patents #5,968,544 and #6,326,513. Other patent pending. Licensed under one or more of U.S. patent numbers 5,965,596, 6,426,361, 7,504,376 and 8,067,381, each of which is owned by Natural Alternatives International, Inc. (NAI). NAI is also the owner of the registered trademark CarnoSyn®. Distributed by Iovate Health Sciences U.S.A. Inc. 1105 North Market Street, Suite 1330, Wilmington, DE 19801. Made in the U.S.A. from domestic and international ingredients. © 2012. For lot no. and expiry date: see bottle.



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DIRECTIONS: This is an extremely strong product. Please read the entire directions before consuming, and follow the tolerance assessment protocol. Assess your tolerance first by mixing 1 serving (1 scoop) with 4 oz. of cold water and drinking it about 30 minutes before your daily workout. Then increase the dosage to 2 and then 3 servings mixed with 8 to 12 oz. of cold water before working out. Do not exceed 3 servings (3 scoops) in a 24-hour period. Maintain an adequate state of hydration during use.

WARNING: Not intended for use by persons under 18. Do not use if pregnant or nursing. Discontinue use and consult a medical doctor if you experience unusual symptoms. Do not take while fasting. Consult a medical doctor before use if you have been treated for or diagnosed with, or have a family history of any medical condition, or if you are using any prescription or over-the-counter drug(s), including blood thinners. One serving (1 scoop) of this product contains up to as much caffeine as one and one-half cups of coffee. Caffeine sensitive individuals may experience the following symptoms, including (but not limited to) restlessness, nervousness, tremors, headache, anxiety, palpitations, increased heart rate or difficulty sleeping. Do not combine with other sources of caffeine or stimulants. Consult a medical doctor before starting any diet or exercise program. Do not exceed recommended serving. Improper use of this product will not improve results and is not advised. Use only as directed. **Do not use if packaging has been tampered with.** Store in a cool, dry place (60°F to 80°F). **KEEP OUT OF REACH OF CHILDREN.**

▲ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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