



Magnesium Aspartate

Mineral Supplement

133 mg elemental
magnesium

90 capsules • 685 mg



- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule with water three times per day.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Magnesium	133 mg	32%
(from 685 mg magnesium aspartate)		

Other ingredients: Gelatin, brown rice flour, may contain one or both of the following: magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



SW1420

0