

SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

**Full Spectrum®
Pomegranate**

**Whole Fruit
& Seed**

Herbal Supplement

60 capsules



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule one to two times per day with water.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Pomegranate (Punica granatum)
(whole fruit) 400 mg*

Pomegranate (Punica granatum) (seed) 100 mg*

*Daily Value not established.

Other ingredients: Gelatin, may contain one or more of the following: microcrystalline cellulose (plant fiber), magnesium stearate, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE **1-800-437-4148**
or visit our website at www.swansonvitamins.com



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