

**PROBIOTIC-CULTURED.  
NON-GMO PROJECT VERIFIED.  
WHOLE-FOOD COMPLEXED.**

**Suggested use: One tablet daily.  
Can be taken anytime, even  
on an empty stomach.**

Gluten free; 100% vegetarian;  
no artificial flavors or colors.

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e-newsletter at [newchapter.com/newsletter](http://newchapter.com/newsletter)

Please refer to [newchapter.com](http://newchapter.com) for more  
information about this product and its benefits.

**Caution:** As with any dietary or herbal supplement, you  
should advise your healthcare practitioner of the use of  
this product. If you are nursing, pregnant, or considering  
pregnancy, you should consult your healthcare practitioner  
prior to using this product.

**WARNING:** Accidental overdose of iron-containing products is a  
leading cause of fatal poisoning in children under 6. Keep this  
product out of reach of children. In case of accidental overdose,  
call a doctor or poison control center immediately.

**\*This statement has not been evaluated  
by the Food and Drug Administration. This  
product is not intended to diagnose, treat,  
cure, or prevent any disease.**

Please recycle this bottle after use.

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**NEWCHAPTER®**

MADE WITH ORGANIC VEGETABLES & HERBS



## every woman's ONE DAILY MULTI

**Whole-Food Cultured Multivitamin  
with Nutrients for Stress, Immune  
and Bone Support\***

Can be taken on an empty stomach



86 Tablets

DIETARY SUPPLEMENT

## Supplement Facts

Serving size 1 Tablet

| Amount per serving                                                                                             | %DV          | Amount per serving                                                                                                               | %DV         |
|----------------------------------------------------------------------------------------------------------------|--------------|----------------------------------------------------------------------------------------------------------------------------------|-------------|
| Vitamin A (100% as beta-carotene from culture media)                                                           | 5000 IU 100% | Zinc (as zinc oxide from culture media)                                                                                          | 7.5 mg 50%  |
| Vitamin C (as ascorbic acid from culture media)                                                                | 60 mg 100%   | Selenium (as selenium dioxide from culture media)                                                                                | 50 mcg 71%  |
| Vitamin D3 (as cholecalciferol from culture media)                                                             | 1000 IU 250% | Copper (as copper sulfate anhydrous from culture media)                                                                          | 750 mcg 38% |
| Vitamin E (as d-alpha-tocopheryl acetate from culture media)                                                   | 30 IU 100%   | Manganese (as manganese chloride from culture media)                                                                             | 1 mg 50%    |
| Vitamin K (as phyloquinone [K1] from culture media<br>and as menaquinone-7 [K2] from natto)                    | 80 mcg 100%  | Chromium (as chromium chloride from culture media)                                                                               | 60 mcg 50%  |
| Thiamin (as thiamine hydrochloride from culture media)                                                         | 1.5 mg 100%  | Molybdenum (as sodium molybdate from culture media)                                                                              | 10 mcg 13%  |
| Riboflavin (from culture media)                                                                                | 1.7 mg 100%  | <b>Stress and Energy Support Blend</b> (from culture media)                                                                      | 50 mg *     |
| Niacin (as niacinamide from culture media)                                                                     | 20 mg 100%   | Organic Schizandra (berry), Organic Maca (root),<br>Organic Chamomile (flower)                                                   |             |
| Vitamin B6 (as pyridoxine hydrochloride from culture media)                                                    | 2 mg 100%    | <b>Hormone Support Blend</b> (from culture media)                                                                                | 30 mg *     |
| Folate (as folic acid from culture media)                                                                      | 400 mcg 100% | Organic Chaste Tree (berry), Organic Red Clover (flower),<br>Organic Raspberry (leaf)                                            |             |
| Vitamin B12 (as cyanocobalamin from culture media)                                                             | 12 mcg 200%  | <b>Immune Support Blend</b>                                                                                                      | 20 mg *     |
| Biotin (from culture media)                                                                                    | 150 mcg 50%  | European Elder (berry) Extract, Organic Eleuthero (root)<br>(from culture media), Organic Astragalus (root) (from culture media) |             |
| Pantothenic Acid (as calcium D-pantothenate from culture media)                                                | 10 mg 100%   | <b>Ginger</b> (rhizome) hydroethanolic extract                                                                                   | 3.2 mg *    |
| Calcium (from algae Lithothamnion [L. calcareum and L. coralloides])                                           | 25 mg 3%     | <b>Organic Turmeric</b> (rhizome) powder (from culture media)                                                                    | 3.2 mg *    |
| Iron (as ferrous fumarate from culture media)                                                                  | 3 mg 17%     | <b>Organic Ginger</b> (rhizome) supercritical extract                                                                            | 0.8 mg *    |
| Iodine (as potassium iodide from culture media)                                                                | 75 mcg 50%   | <b>Organic Turmeric</b> (rhizome) supercritical extract                                                                          | 0.8 mg *    |
| Magnesium (as magnesium oxide from culture media<br>and algae Lithothamnion [L. calcareum and L. coralloides]) | 6 mg 2%      |                                                                                                                                  |             |

\* Daily Value (DV) not established

**Other ingredients:** Culture media (organic soy flour, organic gum acacia, organic *Saccharomyces cerevisiae* [active and inactive], organic maltodextrin,  
organic orange peel powder, organic carrot powder, organic alfalfa powder, lactic acid bacteria [*L. acidophilus*, *B. bifidum*, *L. rhamnosus*], papain [deactivated],  
bromelain [deactivated], organic molasses and organic safflower oil), organic gum acacia, silicon dioxide, lac resin, carnauba wax and maltodextrin.

**Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).**

\* The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Distributed by NEW CHAPTER, INC.  
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For questions or comments call 888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA