

If you're serious about performance and results,  
you need the **ALL NEW MuscleTech® Performance Series!**

- NO Proprietary Blends
- NO Underdosed Key Ingredients
- NO Banned Substances (WADA)
- NO Fillers
- NO Hype
- NO Exceptions

**Just the Most Powerful Formulas Available**

## The Most Powerful Creatine Musclebuilder Ever Developed

CELL-TECH is a scientifically engineered hardcore creatine formula designed for hardgainers who have trouble putting on size and strength. This patent-protected creatine formula contains core ingredients supported by over 30 research studies conducted over multiple decades. CELL-TECH is packed with powerful musclebuilding ingredients and is formulated to deliver:

### • Faster Muscle Growth

Each two-scoop serving of CELL-TECH delivers 7 grams of HPLC-certified creatine monohydrate and 3 grams of creatine HCl. Subjects who consumed the amount of creatine and carbohydrates supplied during the CELL-TECH loading stage (see directions) gained, on average, 3.4 pounds of muscle in 7 days. Subjects taking creatine with juice gained only 0.8 pounds. ▲,1

### • Increased Strength

In another study, subjects taking the amount of creatine and carbohydrates found in two scoops of CELL-TECH significantly increased their strength on the bench press, leg press and biceps curl. ▲,2

### • Enhanced Nutrient Transport

Each two-scoop serving of CELL-TECH includes 200mg of the powerful compound alpha lipoic acid (ALA). Research suggests that ALA helps improve the absorption of creatine and glucose into the muscle cell through specialized transporters. ▲

### • More Muscle Size and Fullness

CELL-TECH delivers a multi-stage combination of carbohydrates that forces a powerful insulin spike post-workout. This helps shuttle creatine and other nutrients into the muscle and rapidly replenishes glycogen stores facilitating glycogen supercompensation and an intense muscle-expanding effect.

### • No Cycling

A clinical study revealed that the use of CELL-TECH did not lead to the down regulation of creatine transporters.<sup>3</sup> This allows athletes to continue to benefit from creatine use, instead of cycling on and off. ▲

### • Branched Chain and Cell-Volumizing Amino Acids

In addition to its key musclebuilding ingredients, CELL-TECH supplies the branched chain amino acids L-leucine, L-valine and L-isoleucine in a 2:1:1 ratio. Branched chain amino acids are free-form amino acids – singular molecules that are quickly digested and absorbed into the bloodstream. CELL-TECH also contains the amino acids taurine and alanine. These free-form amino acids are two of the most abundant amino acids in muscle and aid in cell volumization. ▲

### • Get More for Your Money

Unlike the competition, Performance Series products contain superior key ingredients in clinically dosed amounts that are fully disclosed so you know exactly what you are paying for.

### • Best-In-Class Taste

Every flavor of CELL-TECH won in head-to-head third-party taste tests against leading competitors.



#### REFERENCES

1. Kalman et al., 2000. *Medicine & Science in Sports & Exercise*. 32(5):562(S136). [Abstract]
2. Tarnopolsky et al., 2001. *Medicine & Science in Sports & Exercise*. 33(12):2044-52.
3. Parise et al., 2000. *Canadian Journal of Applied Physiology*. 25(5):396. [Abstract]

**NEW  
& IMPROVED**

**MUSCLETECH**

PERFORMANCE SERIES

# CELL TECH

## HARDGAINER CREATINE FORMULA

**7g**

Creatine  
Monohydrate ‡

**3g**

Creatine  
HCL ‡

**2g**

BCAAs ‡

‡ Per max 2-scoop serving

**INCREASE MUSCLE  
SIZE & STRENGTH ▲**

**MAXIMIZE MUSCLE  
CREATINE ▲**

**FORMULATED FOR  
HARDGAINERS**

**3g**

Taurine/  
Alanine ‡

**200mg**

ALA ‡

**NEW**

Multi-Stage  
Carb Blend

**FRUIT PUNCH**  
NATURAL AND ARTIFICIAL FLAVORS  
DIETARY SUPPLEMENT NET WT. 3.0 LBS. (1.4 kg)

## Supplement Facts

Serving Size: 1 Scoop (49g)

Servings Per Container: Approx. 28

| Amount Per                               | 1 Scoop | % Daily Value | 2 Scoops | % Daily Value |
|------------------------------------------|---------|---------------|----------|---------------|
| Calories                                 | 180     |               | 370      |               |
| Total Carbohydrate                       | 38g     | 13%*          | 75g      | 25%*          |
| Sugar                                    | 15g     | †             | 29g      | †             |
| Vitamin C (as ascorbic acid)             | 125mg   | 208%          | 250mg    | 417%          |
| Vitamin B6 (as pyridoxine hydrochloride) | 5.25mg  | 263%          | 10.5mg   | 525%          |
| Vitamin B12 (as cyanocobalamin)          | 0.2mcg  | 3%            | 0.4mcg   | 7%            |
| Calcium                                  | 45mg    | 5%            | 90mg     | 9%            |
| Magnesium (as magnesium oxide)           | 32.5mg  | 8%            | 65mg     | 17%           |
| Sodium                                   | 35mg    | 1%            | 70mg     | 3%            |
| Potassium (as dipotassium phosphate)     | 24.8mg  | 1%            | 49.5mg   | 2%            |
| <b>Muscle Growth and Strength Matrix</b> |         |               |          |               |
| Creatine monohydrate                     | 3.5g    | †             | 7g       | †             |
| Creatine HCl                             | 1.5g    | †             | 3g       | †             |
| <b>Cell-Volumizing Amino Acid Matrix</b> |         |               |          |               |
| Taurine                                  | 1g      | †             | 2g       | †             |
| L-alanine                                | 500mg   | †             | 1g       | †             |
| <b>BCAA Matrix</b>                       |         |               |          |               |
| L-leucine                                | 500mg   | †             | 1g       | †             |
| L-valine                                 | 250mg   | †             | 500mg    | †             |
| L-isoleucine                             | 250mg   | †             | 500mg    | †             |
| <b>Lipoic-Tech™</b>                      |         |               |          |               |
| Alpha lipoic acid (supplying R-ALA)      | 100mg   | †             | 200mg    | †             |

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

**OTHER INGREDIENTS:** MULTI-STAGE CARB BLEND (GLUCOSE POLYMERS, DEXTROSE, MODCARB™ [OAT BRAN, AMARANTH, QUINOA, BUCKWHEAT, MILLET, CHIA], WAXY MAIZE [CORN STARCH], CLUSTER DEXTRIN), NATURAL AND ARTIFICIAL FLAVORS, CITRIC ACID, DICALCIUM PHOSPHATE, CALCIUM SILICATE, DIPOTASSIUM PHOSPHATE, SALT, ACESULFAME-POTASSIUM, SUCRALOSE, FD&C RED NO. 40. **PROCESSED IN A FACILITY THAT ALSO PROCESSES MILK, EGG, SOY, WHEAT AND PEANUT INGREDIENTS.**

**DIRECTIONS:** Take 1 scoop of CELL-TECH with 6 oz. of water immediately following your workout. If you're not training that day, have your serving in the morning when you wake up.

**FOR BETTER RESULTS:** Take 2 scoops of CELL-TECH with 12 oz. of water immediately following your workout. If you're not training that day, take 2 scoops in the morning when you wake up.

**FOR BEST RESULTS:** For the first 7 days (loading stage): Take 2 scoops of CELL-TECH with 12 oz. of water in the morning when you wake up and 2 scoops with 12 oz. of water immediately after your workout. If you're not training that day, take 2 scoops with 12 oz. of water in the morning when you wake up and 2 scoops with 12 oz. of water later in the day. Maintenance stage: Take 2 scoops of CELL-TECH with 12 oz. of water immediately following your workout. If you're not training that day, take 2 scoops with 12 oz. of water in the morning when you wake up.

#### WARNING:

- As with all creatine products, maintain an adequate state of hydration during use.
- Do not use if you suffer from diabetes or if you are prone to hyperglycemia or hypoglycemia.
- If you experience a skin rash or other allergic reaction, discontinue use and consult a medical doctor.
- Do not use if pregnant or nursing.
- **KEEP OUT OF REACH OF CHILDREN.**

Note: To maintain product freshness, store in a cool, dry place (60°F to 80°F). This product is sold by weight. Some settling may occur. Shake container before use.

MODCARB™ is a trademark of VDF FutureCeuticals, Inc. MODCARB™ is manufactured under US patent #6,060,519, used under license from VDF FutureCeuticals, Inc.

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▲These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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