

Precision Engineered has pioneered the manufacture of premium sports nutrition supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. *We guarantee it.*



No Preservatives, No Sugar, No Yeast.

If you train hard and demand results, then PE Elite Training Packs are exactly what you need in your supplement arsenal. Regular multivitamins are designed for couch potatoes, our Elite Training Packs have been scientifically developed for elite athletes and bodybuilders who need specialized nutritional support.

- Potent Antioxidants, such as Vitamin C and Tocopherols, to neutralize free radical induced damage caused by hard training.*
- EFA Complex provides essential fatty acids needed for metabolic regulation and structural support of muscle cells.* Intense training can cause short-term damage to muscle membranes and essential fats are needed for membrane structure.*
- Serious athletes need more protein, carbs and total calories than inactive individuals. The full spectrum Enzyme Complex helps break down nutrients, making them available for energy and recovery.*
- Herbal ingredients including Milk Thistle to support the liver.*
- Amino Acid Complex supports muscle tissue by providing protein building blocks.*
- Intense training can take a toll on the immune system. High potency doses of Selenium, Zinc and Vitamin A support immune health – to promote exercise recovery.*
- Building strong muscles is impossible without strong bones. Elite Training Packs provide several nutrients for building bone mass.*

If you're ready to take your training to the next level, step up to PE Elite Training Packs. Specially-formulated for the heavy demands of elite athletes and bodybuilders.

TO REORDER PROD. # **15722**
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
Precision Engineered Limited (USA)
Bohemia, NY 11716 U.S.A.
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HARDCORE PRECISION ENGINEERED SERIES

Elite TRAINING PACKS

COMPLETE DYNAMIC NUTRITION
FOR THE ELITE ATHLETE

FULL SPECTRUM MICRONUTRIENT, ENZYME & EFA COMPLEXES
SUPPORTS MUSCLE TISSUE*

44 PACKETS

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take two (2) packets daily, preferably with meals.

Supplement Facts

Serving Size 2 Packets Servings Per Container 22			
Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Calories	90	L-Lysine	198 mg ***
Calories from Fat	35	L-Methionine	55 mg ***
Total Fat	4 g 6%**	L-Ornithine Hydrochloride	90 mg ***
Saturated Fat	1 g 4%**	L-Phenylalanine	96 mg ***
Polyunsaturated Fat	2 g ***	L-Proline	822 mg ***
Monounsaturated Fat	0.5 g ***	L-Serine	204 mg ***
Cholesterol	10 mg 3%	L-Threonine	114 mg ***
Total Carbohydrate	4 g 1%**	L-Tyrosine	36 mg ***
Dietary Fiber	3 g 10%**	L-Valine	383 mg ***
Protein	11 g 21%**	Acetyl L-Carnitine	1 mg ***
Vitamin A (as Beta-Carotene)	5,000 IU 100%	Taurine	141 mg ***
Vitamin C (as Ascorbic Acid)	300 mg 500%	EFA Complex	2,000 mg (2 g) ***
Vitamin D (as Cholecalciferol)	900 IU 225%	(Organic Flaxseed Oil, Fish Oil, Evening Primrose Oil, Borage Seed Oil)	
Vitamin E (as d-Alpha Tocopheryl Acetate and d-Alpha Tocopherol)	114 IU 380%	These oils typically provide the following Fatty Acid Profile:	
Vitamin K (as Phytanadione)	80 mcg 100%	Omega-3	***
Thiamin (Vitamin B-1)	52 mg 3,467%	Alpha Linolenic Acid (ALA) (22.5-32.5%)	(450 - 650 mg) ***
(as Thiamin Mononitrate and Thiamin Hydrochloride)		Eicosapentaenoic Acid (EPA) (9-9.9%)	(180 - 198 mg) ***
Riboflavin (Vitamin B-2)	50 mg 2,941%	Docosahexaenoic Acid (DHA) (6-6.6%)	(120 - 132 mg) ***
Niacin (as Niacinamide)	50 mg 250%	Omega-6	***
Vitamin B-6 (as Pyridoxine Hydrochloride)	58 mg 2,900%	Linoleic Acid (16.9-26%)	(338 - 520 mg) ***
Folic Acid	400 mcg 100%	Gamma Linolenic Acid (GLA) (2.4-2.6%)	(48 - 52 mg) ***
Vitamin B-12 (as Cyanocobalamin)	52 mcg 867%	Omega-9	***
Biotin (as d-Biotin)	500 mcg 167%	Oleic Acid (6.75-14.8%)	(135 - 296 mg) ***
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg 500%	Desiccated Liver	1,360 mg (1.36 g) ***
Calcium (as Oyster Shell, Dicalcium Phosphate, Calcium Carbonate and Calcium Citrate)	2,341 mg 234%	Enzyme Complex	430 mg ***
Phosphorus	109 mcg 11%	(Betaine Hydrochloride, Pancreatin, Amylase, Protease, Bromelain, Papain, Pepsin, Peppermint Oil, Ox Bile, Lipase, Cellulase)	
Iodine (as Potassium Iodide)	150 mcg 100%	Antioxidant-Cardio Complex	120 mg ***
Magnesium (as Magnesium Oxide)	100 mg 25%	(Garlic (<i>Allium sativum</i>) (bulb), Citrus Bioflavonoids (<i>Citrus limon</i>) (fruit), Bilberry (<i>Vaccinium myrtillus</i>) (leaf), Elderberry (<i>Sambucus nigra</i>) (fruit), Black Currant (<i>Ribes nigrum</i>) (fruit), Grape Seed Extract (<i>Vitis vinifera</i>), Brussels Sprouts Extract, Kale Extract, Cauliflower Extract, Celery Seed (<i>Apium graveolens</i>), Carrot Extract, Broccoli Extract, Cabbage Extract, Astaxanthin Complex, Lutein, Zeaxanthin, Super Oxide Dismutase, Coenzyme Q-10, Pycnogenol® (<i>Pinus pinaster</i>) (Maritime Pine Bark Extract))	
Zinc (as Zinc Oxide)	25 mg 167%	Energy Complex	100 mg ***
Selenium (as Sodium Selenate)	200 mcg 286%	(Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf), Green Tea Extract (<i>Camellia sinensis</i>) (leaf), Cayenne Pepper (<i>Capiscum annum</i>) (fruit), Spirulina (<i>Spirulina platensis</i>) (plant), Korean Ginseng (<i>Panax ginseng</i>) (root))	
Copper (as Cupric Oxide)	2 mg 100%	Joint Health Complex	100 mg ***
Manganese (as Manganese Gluconate)	2 mg 100%	(Methylsulfonylmethane (MSM), Silica (as Silicon Dioxide), Collagen (Hydrolyzed Gelatin), Glucosamine Hydrochloride, Chondroitin Sulfate)	
Chromium (as Chromium Piccolinate)	200 mcg 167%	Milk Thistle Extract (<i>Silybum marianum</i>) (seed)	500 mg ***
Molybdenum (as Sodium Molybdate)	75 mcg 100%	(Standardized to contain 80% Silymarin)	
Chloride (as Potassium Chloride)	26 mg 1%	Pumpkin Seed (<i>Cucurbita pepo</i>)	117 mg ***
Potassium (as Potassium Chloride)	30 mg 1%	Alpha Lipoic Acid	30 mg ***
Sodium	100 mg 4%	Choline Bitartrate	10 mg ***
Amino Acid Complex		Inositol	10 mg ***
L-Alanine	504 mg ***	Boron (as Boron Amino Acid Chelate)	2 mg ***
L-Arginine	2,463 mg ***	Oyster Extract	1 mg ***
L-Aspartic Acid	270 mg ***	Saw Palmetto Extract (<i>Serenoa repens</i>) (fruit)	1 mg ***
L-Carnitine	1 mg ***	Pygeum (<i>Pygeum africanum</i>) (bark)	1 mg ***
L-Cysteine	1 mg ***	Lycopene	10 mcg ***
L-Glutamic Acid	600 mg ***	Vanadium (as Sodium Metavanadate)	10 mcg ***
L-Glutamine	1 mg ***		
L-Glycine	1,398 mg ***		
L-Histidine	54 mg ***		
L-Isoleucine	323 mg ***		
L-Leucine	757 mg ***		

Other Ingredients: Vegetable Cellulose, Gelatin, Soybean Oil, Vegetable Glycerin, Rice Flour. Contains <2% of: Calcium Silicate, Povidone, Silica, Soy Lecithin, Titanium Dioxide Color, Vanillin, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains soy, milk, wheat, fish (anchovy, mackerel, sardine) and shellfish (crab, shrimp, crayfish, lobster) ingredients.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Avoid this product if you are allergic to any of the ingredients. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a cool, dry place. Do not use product if pull ring under cap is damaged or broken.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.