

CORE SERIES

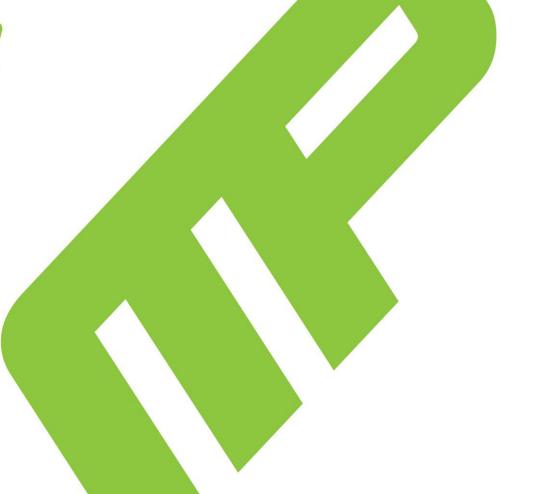
NET WEIGHT 3 LBS (1380 GRAMS)



OFFICIAL NUTRITIONAL SUPPLEMENT PROVIDER OF THE

100% MICELLAR CASEIN PROTEIN

- 25 GRAMS OF PROTEIN*
- IDEAL NIGHTTIME PROTEIN SOURCE *
- ADDED DIGESTIVE ENZYME & PROBIOTIC BLEND*



Supplement Facts

Serving Size: 1 Scoop Approx. (30g) Servings Per Container Approx.: 46 ±

Amount Per Serving	% Daily Value † 120 g	
Calories		
Calories from Fat	5 g	
Total Fat	0.5 g	1%
Total Carbohydrates	4 g	1%
Dietary Fiber	1 g	4%
Sugars	1 g	*
Protein	25 g	50%
Calcium	600 mg	60%
Iron	1 mg	6%
Sodium	125 mg	5%
Digestion Enhancing Enzyme Blend:	60 mg	

Typical Amino Acid Profile

Methionine 6 miditionally Essential Amino Acids (CAAs) Arginine 8 Cysteine 11

onessential Amino Acids (NAAs)		
lutamine & Precursors	5240mg	158
Proline	2298mg	195
Histidine	642mg	
Tyrosine	1206mg	
Cysteine	160mg	
Arginine	874mg	

Aspartic Acid 1850mg -Serine 1338mg -Glycine 425mg L-Alanine 779mg

Other Ingredients

Micellar Casein, Cookle pieces [Enriched Flour Wheat flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin Folic Acid), Sugar, High Oleic Canola andfor Soybean Oli, Cocoa, High Fructose Corn Syrup, Baking Soda andfor Taclium Phosphate, Salt, Soy Lecithin, Chocolate, Vanillin) Cocoa Powder, Digestion Resistant Maltodextrin, Natural & Artificial Flavors, Sucralosa, Acesuffame Potassium, Salt, Lactase, Protease.

- † Percent Daily Values are based on a 2,000 calorie diet.
- Daily Value not established.
 The Tryptophan in this product is naturally occurring.
- NOTICE: Powder density may be affected by settling which may cause variations in the scoop serving size and fill levels from bottle to bottle.
- ALLERGEN WARNING: This product contains milk and soy. This product was produced in a facility that may also process ingredients containing milk, egg, soybeans, shellfish, fish, tree nuts, and

WARNING: This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

KEEP OUT OF REACH OF CHILDREN.

FUELING ATHLETES SAFELY.





SUGGESTED USE:

Mix one scoop with 10-12 fl. oz. of water, milk, fruit juice, or your favorite beverage. Take MP Casein before bed and/or between meals when slow digesting protein is required.

DEMAND MORE OF YOUR BODY-AND YOUR PROTEIN

Formulated for athletes and active individuals, MP Casein shakes are the ultimate nighttime protein source. This formula is tuned to deliver a sustained, slow release of protein and amino acids. Slow-digesting enzymes and probiotic blends repair and rebuild muscles while your body is at rest. If you're serious about performance and results, you know the importance of sleep. And while you may not eat for eight hours, MP Casein ensures your muscles are getting fed. And fed well.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MUSCLEPHARM.COM



MADE IN USA

MADE IN A cGMP AND NSF® CERTIFIED FACILITY