

Swanson ULTRA®

The Most Advanced Nutrition Technology
CAPSULES

Dr. Barbara Hendel's
**Bavarian
Herbal Bitters**

Dr. Barbara Hendel
Herbal Supplement

120 CAPSULES



I've teamed up with famous Bavarian herbalist Mumei to craft this traditional digestive tonic. Mumei (Josephine Wedell Roesler) has been welcoming guests for traditional meals with wild-crafted herbs at her 500-year-old mountain cottage for over 60 years. Eat, drink and enjoy Bavarian Herbal Bitters in good health!

Dr. Barbara Hendel

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take two capsules in the morning and evening with water before meals.

WARNING: Do not take this product if you are pregnant or nursing, have ulcers, or have an obstruction of the bowels or bile ducts. Consult your healthcare provider before use if you have or have had gallbladder problems or if you are taking any prescription medications.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	Amount Per Serving
Artichoke Leaf (Cynara scolymus)	325 mg*
Dandelion Root (Taraxacum officinale)	103.5 mg*
Gentian Root (Gentiana lutea)	82 mg*
Turmeric (Curcuma longa) (root)	59 mg*
Yarrow Flower (Achillea millefolium)	59 mg*
Ginger Root (Zingiber officinale)	40 mg*
Chamomile (Matricaria recutita) (flower tops)	37 mg*
Fennel Seed (Foeniculum vulgare)	37 mg*
Orange Peel (Citrus sinensis)	30 mg*
Blessed Thistle (Cnicus benedictus) (aerial parts)	15 mg*
Black Cardamom Fruit (Alpinia oxyphylla)	7.5 mg*
Buckbean Leaf Extract (Menyanthes trifoliata)	7.5 mg*
*Daily Value not established.	

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), magnesium stearate, silica.

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