

DIRECTIONS: Take 1 tablet daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light and moisture.
Store in a cool, dry place.

DO NOT PURCHASE IF SEAL IS BROKEN.

MADE IN THE U.S.A.

WINDMILL[®]
COMPARABLES[™]
DAILY ONE
FOR MEN
Multivitamin & Mineral Formula

ITEM 077 TC #310127406N2



Compare to
One-A-Day[®] Men's[†]

DIETARY SUPPLEMENT

60 TABLETS

NO

**WHEAT, SOY, SUGAR,
SALT, YEAST, MILK,
ARTIFICIAL COLORS,
FLAVORS OR
PRESERVATIVES**

— Gluten Free —

†One-A-Day[®] Men's is a registered trademark of Bayer HealthCare LLC, Consumer Care Division, Morristown, NJ

Distributed by:
Windmill Health Products[®]
10 Henderson Drive
West Caldwell, NJ 07006

For more information visit
us at windmillvitamins.com

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (as retinyl acetate & 14% as beta-carotene)	3,500 IU	70%
Vitamin C (as ascorbic acid, sodium ascorbate & ascorbyl palmitate)	60 mg	100%
Vitamin D (as ergocalciferol)	700 IU	175%
Vitamin E (as dl-alpha-tocopheryl acetate)	22.5 IU	75%
Vitamin K (as phytonadione)	20 mcg	25%
Thiamin (as thiamin mononitrate)	1.35 mg	90%
Riboflavin	1.7 mg	100%
Niacin (as niacinamide)	18 mg	90%
Vitamin B6 (as pyridoxine HCl)	3 mg	150%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	18 mcg	300%
Biotin	75 mcg	25%
Pantothenic acid (as D-calcium pantothenate)	16 mg	160%
Calcium (as calcium carbonate, dicalcium phosphate & tricalcium phosphate)	210 mg	21%
Magnesium (as magnesium oxide)	140 mg	35%
Zinc (as zinc oxide)	15 mg	100%
Selenium (as sodium selenate)	110 mcg	157%
Copper (as copper oxide)	2 mg	100%
Manganese (as manganese sulfate)	2 mg	100%
Chromium (as chromium chloride)	120 mcg	100%
Lycopene	300 mcg	*

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silica, and pharmaceutical glaze.