

Swanson ULTRA®

The Most Advanced Nutrition Technology

SOFTGELS

High Potency
Vitamin D-3

with Coconut Oil
5,000 IU (125 mcg)

Dietary Supplement

60 SOFTGELS



• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE: As a dietary supplement, take one softgel per day with water.

WARNING: Consult your healthcare provider before use if you are pregnant or nursing, if you have a medical condition, or if you are taking any prescription medication.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1 g	1%†
Saturated Fat	1 g	5%†
Trans Fat	0 g	
Vitamin D-3 (as cholecalciferol)	125 mcg	625%
Certified Organic Coconut Oil	1 g	*

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin, glycerin, water, medium-chain triglycerides oil.

Contains tree nuts (coconuts).

MADE IN CANADA

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TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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