GREENSFIRST.COM CEAUTAMED WORLDWIDE, LLC GREENSFIRST COM

GIVE YOURSELF A NUTRITIONAL BOOST!

Greens First Boost® is a delicious, nutrient balanced & fortified whole food product. Greens First Boost® contains pure and wholesome blends that help to nourish, support & balance your body with a natural source of non-GMO brown rice & vegetable pea protein, super greens, healthy essential fatty acids, antioxidants, prebiotics, vitamins and minerals,

Your Entire Body Will Love It Taste Buds Included!

FATING RIGHT JUST GOT FASIER—THE GREENS FIRST WELLNESS SHAKE! Greens First Boost® (Chocolate & Vanilla) was created specifically to be mixed with

Greens First® (Original or Berry) to make the delicious and nutritious Wellness Shake. The magic is in the mixing! Greens First® provides the certified organic fruits & vegetables and 49 super foods, while Greens First Boost® provide all 3 Food Groups (vegetarian/vegan brown rice & vegetable pea protein, good carbohydrates & healthy oils) that your body needs to fuel up for the day. It's the perfect "instant breakfast" or an anytime "energy booster" and part of The Alkalize Now Program.

DIRECTIONS FOR THE WELLNESS SHAKE:

Put 8 oz. of pure, cold water into shaker cup. Add Greens First® (Original or Berry). Then add Greens First Boost® (either Chocolate or Vanilla), Shake & enjoy! Follow with 6 oz of water



Ceautamed Worldwide, LLC 1289 Clint Moore Road Boca Raton, FL 33487

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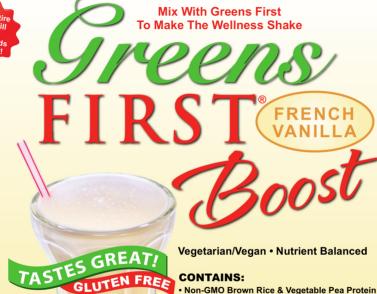
Part of the Alkalize Now-pH Balance Program Mix & Match To Make The Wellness Shake



Greens First (Original or Berry) + GF Boost = Wellness Shake

Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7.947.662

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



- Super Greens & Prebiotics
- Essential Fatty Acids
 Vitamins
 Minerals
- NO: · Wheat · Dairy · Soy · MSG · Preservatives

Dietary Supplement

Net Weight 10.5 oz. (300 grams) Powder

Supplement Facts Serving Size: 10 g (1 Scoop) Servings per Container: 30

Amount per Serving % Daily Value

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Amoun	t per serving	76 Daily Value		Amount per Serving	76 Daily Value
Total Calories	38		Vitamin B6 (Pyridoxine HCI)	.8 mg	40%
Calories From Fat	6.4		Folate (as Quatrefolic® [6S]-5-		
Total Fat	.8 g	1%	Methyltetrahydrofolate, Glucosamine Sa		10%
Saturated Fat	.8 g	4%	Vitamin B12 (Cyanacobalamin)	2.4 mcg	40%
Trans Fat	0 g	0%	Biotin	30 mcg	10%
Cholesterol	0 g	0%	Vitamin B5 (d-Calcium Pantothenate)	1 mg	10%
Sodium	44 mg	2%	Calcium (Calcium Citrate and Hydrilla)	100 mg	10%
Total Carbohydrate	3.6 g	1%	Phosphorus (Magnesium Phosphate,		
Dietary Fiber	1.2 g	5%	Potassium Phosphate)	80 mg	8%
Sugars	.2 g	t	lodine (Potassium lodide)	15 mcg	10%
Protein	4.5 g	9%	Magnesium (as Phosphate)	50 mg	13%
fitamin A (as Acetate)	640 IU	13%	Zinc (as Oxide)	1.8 mg	12%
/itamin C			Selenium (Sodium Selenite)	7 mcg	10%
(as Sodium Ascorbate and Acerola Powder)	24 mg	40%	Copper (as Oxide)	.2 mg	10%
/itamin E (as d-Alpha Tocopheryl Succinate)	4.5 IU	15%	Manganese (as Sulfate)	.2 mg	10%
fitamin D2 (as Ergocalciferol)	40 IU	10%	Chromium (as Dinicotinate Glycinate)	12 mcg	10%
fitamin B1 (as Thiamin HCI)	.6 mg	40%	Molybdenum (Sodium Molybdate)	7.5 mcg	10%
/itamin B2 (as Riboflavin)	.68 mg	40%	Potassium (as Potassium Phosphate,		
liacin (Niacinamide)	8 mg	40%	as Potassium Chloride)	136 mg	4%
Vegetable Protein Blend Non GMO Vegetarian/Vegan Blend of Vege	alda Dan Dan	-i- 0	- and Danier Diag Postsin	5.7 g	Ť
Complex Carbohydrate – Super Greens Blei Organic Cabbage Leaf, Organic Cauliflower	nd			40 mg	t
Bitter Melon Fruit Extract, Broccoli Powder, Brussels Sprout Leaf				4500	
Healthy Oil – Essential Fatty Acid Blend Contains Omega 3,6 Fatty Acid, Olive Oil Powder, Safflower Oil Powder, Flaxseed Oil Powder				1560 mg	Ť
Trace Mineral Blend ConcenTrace Alfalfa				400 mcg	t
Flora Support and Enzyme Blend Inulin (natural food fiber), Guar Gum, Gum Acacia, Bromelain, Lipase and Protease				1100 mg	t
Digestion Blend Olive Leaf Extract, Grape Leaf Extract, Pomegranate Fruit Extract				25 mg	t
Anti-Oxidant and Energy Blend Organic Strawberry Fruit Powder , Organic Rasoberry Fruit Powder, Green Tea Leaf Extract. Cinnamon Twig Extract.				50 mg	t
Licorice Root Extract, Polygonum Caspidatu Cayenne Fruit, Chamomile Flower, Citrus Po	m (Reseverat	rol), 5 HTP, Pa	nax Ginseng Root Extract, Apple Pectin, E	Banana Fruit Powder	

Other Ingredients: Vanilla and Natural Flavors (Natural Creamy Vanilla Flavor), Silica, Stevia. No Nuts. No Peanuts

Contents sold by weight not volume. Some settling will occur.

This product has been sealed for your protection. Do **not** use if seal on cap is broken.

t Daily Value not established. Percent Daily Values are based on a 2.000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.