

Nature's Source of Energy!



Living Foods

Multi-Vitamin ONCE DAILY

WHOLE FOOD FORMULA

**Organic Fruits, Vegetables,
& Superfoods with Vitamins,
Minerals, Enzymes & Probiotics**

NON
GMO

GLUTEN
FREE

100%
VEGAN

Easy
to
Digest

DIETARY SUPPLEMENT • 60 VEGI-TABS

DIRECTIONS: Take 1 tablet daily as a dietary supplement or as directed by a health care professional

Supplement Facts

Serving Size: 1 Tablet (vegetarian)
Servings Per Container: 60

	Amount per Serving	% Daily Value
Vitamin A (as retinyl palmitate and 20% beta-carotene)	3,280 IU	66%
Vitamin C (as ascorbic acid)	100 mg	167%
Vitamin D (as ergocalciferol)	400 IU	100%
Vitamin E (as natural d-alpha-tocopheryl succinate)	30 IU	100%
Vitamin K (as phytonadione)	100 mcg	125%
Thiamin (as thiamin HCl)	10 mg	667%
Riboflavin	10 mg	558%
Niacin (as niacinamide)	25 mg	125%
Vitamin B6 (as pyridoxine HCl)	10 mg	500%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	100 mcg	1,667%
Biotin	50 mcg	17%
Pantothenic acid (as D-calcium pantothenate)	20 mg	200%
Calcium (as calcium carbonate and calcium citrate)	150 mg	15%
Iodine (from kelp)	75 mcg	50%
Magnesium (as magnesium oxide)	100 mg	25%
Zinc (as zinc citrate)	15 mg	100%
Selenium (as selenomethionine)	25 mcg	36%
Copper (as copper bisglycinate chelate)	0.25 mg	13%
Manganese (as manganese amino acid chelate)	2.5 mg	125%
Chromium (as chromium picolinate)	50 mcg	42%
Molybdenum (as molybdenum amino acid chelate)	25 mcg	33%
Vanadium (as vanadium amino acid chelate)	25 mcg	†
Probiotic Superfoods Blend:		
Organic Barley Grass, Organic Wheat Grass, Organic Apple, Organic Bio coal, Organic Kale, Organic Spinach, Organic Beet, Organic Carrot, Organic Green Cabbage, Organic Parsley, Organic Blueberry, Organic Raspberry, Organic Strawberry, Organic Tomato		
Probiotic Blend:		
Bacillus subtilis, Lactobacillus acidophilus, Lactobacillus plantarum, Lactobacillus paracasei, Bifidobacterium bifidum		
100 million CFU		
†		

† Daily value not established. *Percent Daily Values are based on 2,000 calorie diet.

Other ingredients: Microcrystalline cellulose, film coat (hypromellose, spirulina algae (for color), glycerine, hydroxypropyl cellulose), croscarmellose sodium, stearic acid, magnesium stearate and silica.

Contains milk and soy



Made in the U.S.A.

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- Keep out of reach of children.
- Store in a cool, dry place.
- Protect from heat, light and moisture.
- Do not ingest if seal is broken.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.