



Product of
METRA GENIX

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www.2to1proteinbars.com
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Nutrition Facts

Serving Size (83g)
Servings Per Package 1

Amount Per Serving
Calories 300 Calories from Fat 80

% Daily Value*

Total Fat 8g	13%
Saturated Fat 6g	29%
Trans Fat 0g	
Cholesterol 20mg	6%
Sodium 200mg	8%
Total Carbohydrate 30g	10%
Dietary Fiber less than 1g	3%
Sugars 2g	
Sugar Alcohol 20g	

Protein 30g

Vitamin A 0%	Vitamin C 0%
Calcium 20%	Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories: 2,000 2,500

Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

The Future of Protein Cookies Has Just Arrived!

NET WT. 2.92 OZ (83 g)

Ice Cream Sandwich



On the Go

Perfect for
Meal
Replacement
Post Workout

30g of Protein
Isolates
10g of Net
Impact Carbs
0g of Trans Fat



YOUR ODDS JUST GOT BETTER FOR LOSING WEIGHT AND INCREASING LEAN MUSCLE!

INGREDIENTS: Protein Blend (Whey Protein Isolate, Milk Protein Concentrate, Soy Protein Isolate), Chocolate Wafer (Bleached Wheat Flour, Isomalt, Sorbitol, Soy Bean, Canola Oil, Partially Hydrogenated Cotton Seed Oil, Caramel Color, Cocoa, Corn Flour, Modified Corn Starch), Salt, Baking Soda, Mono and Diglycerides, Soy Lecithin, Artificial Chocolate Flavor, Sucralose), Hi Protein Reduced Sugar Yogurt Coating (Maltitol, Palm Kernel Oil, Milk Protein Isolate, Nonfat Dry Milk Solids, Nonfat Yogurt [Cultured Nonfat Milk, Lactic Acid], Soy Lecithin [an emulsifier], Natural Flavor), Maltitol, Water, Hydrolyzed Gelatin, Glycerine, Palm Kernel Oil, Lecithin, Natural Flavor, Salt, Sucralose, Peanut Paste (Peanuts, Salt).

ALLERGEN INFORMATION: CONTAINS PEANUTS, SOY, MILK, WHEAT PRODUCTS.
MANUFACTURED IN A FACILITY THAT USES
TREE NUTS AND EGG IN OTHER PRODUCTS.