

**TASTES
GREAT!**

HORMONE FREE* WHEY PROTEIN!

Dream PROTEIN™ leads the “whey” with its proprietary Hormone Free*, Ultra-Low Temp Whey Protein Isolate. It's manufactured with hormone free whey from cows that are not given rBGH or BST hormones. *Dream* PROTEIN™ is the most pure and biologically active form of whey protein available! It has a high P.E.R. Value (Protein Efficiency Ratio) of 3.2 which makes it easier to absorb more protein directly into your digestive system.

Dream PROTEIN™ is made with an Ultra-Low Temp process which is beneficial because the protein is not denatured (damaged) from an extensive heat treatment. This means that you'll receive all the essential and non-essential amino acids plus the full complement of whey proteins, including the bioactive immunoglobulin (IgG), lactoferrin (LF) and glycomacropeptides (GMP). (Immunoglobulins are antibodies that function as essential components of your immune response.) Most processing technologies of whey cause the proteins to be so denatured that the finished product yields only a fraction of the biologically active proteins.

Dream PROTEIN™ also contains Fructooligosaccharides (FOS), a “natural” prebiotic, that has been shown to encourage growth of favorable bacteria which help to strengthen the immune system, assist in the digestion of food and amino acids, as well as, help to promote regularity.

THE HEALTHY LIVING KIT

There are 3 components to the Healthy Living Kit: Dream Protein, Greens First & Omega-3 First. These 3 products can be taken daily to start your day, as a recovery drink after a workout or as part of a weight management program.

***From Cows Not Given rBGH or BST Hormones**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Why *Dream* PROTEIN™ is Different:

- Hormone Free from cows not given rBGH or BST hormones.
- We use Stevia, a natural sweetener.
- Contains 20 grams of the highest biological value protein per serving.
- Ultra-Low Temp Protein Isolate prevents denaturing (becoming inactive).
- Supplies essential & non-essential amino acids plus naturally occurring immunoglobulins.
- Fructooligosaccharides (FOS) assist in promoting favorable bacteria helping to strengthen the immune system.

MIXING INSTRUCTIONS:

Add 1 scoop to 6-8 oz of water, milk or your favorite beverage.

FOR HEALTHY LIVING SHAKE:

Add 1 scoop each of Dream Protein and your favorite Greens First flavor to 10-12 oz of cold water. Shake and enjoy!

Notice: This product is to be used as a food supplement only. Do not use alone for weight reduction.



Healthy Never Tasted So Good!

DELICIOUS *Dream* PROTEIN™

HORMONE FREE*

*From Cows Not Given rBGH or BST Hormones

NO

- GMO
- MSG
- Gluten
- Aspartame
- Artificial Sweeteners
- Added Glutamates
- Added Hydrolyzed Whey Protein
- Added Sugar

LOW

- Carbohydrate
- Fat
- Cholesterol
- Sodium
- Lactose
- Glycemic Index

Rich Dutch Chocolate

MIXES INSTANTLY...WITHOUT A BLENDER!



Dietary Supplement
Net Weight 25 oz. (1.5 lbs.)
720 g

Typical Amino Acid Composition in Milligrams Per Serving

Amino Acids	Milligrams Per Serving
Alanine	1,183
Arginine	520
Aspartic Acid	2,382
Cystine/Cysteine	568
Glutamic Acid	3,916
Glycine	372
Histidine	395
Hydroxyproline	18
Isoleucine*~	1,381
Leucine*~	2,559
Lysine	2,406
Methionine*	539
Phenylalanine*	699
Proline	1,271
Serine	1,065
Threonine*	1,569
Tryptophan*	407
Tyrosine*	688
Valine*~	1,260

*Essential Amino Acids
~ Branched-Chain Amino Acids (BCAA)

Greens FIRST®
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Supplement Facts

Serving Size: 1 Scoop (24 g)
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	86	
Calories from Fat	0	
Total Fat	0g	0.00%
Saturated Fat	0g	0.00%
Trans Fat	0g	0.00%
Cholesterol	21.5mg	7.00%
Total Carbohydrate	3.4g	1.00%
Dietary Fiber	0	0.00%
Sugars	<1g	
Protein	20g	40.00%
Calcium	83mg	8.30%
Phosphorus	56mg	5.6%
Magnesium	8.6mg	2.15%
Sodium	45mg	1.80%
Potassium	94mg	2.60%

*Percent Daily Values are based on a 2,000-calorie diet.

Ingredients: Protein Blend (Ultra-Low Temp Whey Protein Isolate, Whey Protein Concentrate), Fructooligosaccharides, Cocoa, Xanthan Gum, Stevia.

This product is not manufactured in a plant that uses nuts. Contains Whey Protein Isolate (milk) and Whey Protein Concentrate (milk).

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Product sold by weight, not by volume.
Some settling may occur.



**Make It A Meal—
Try the
Healthy Living
Shake**

**Dream Protein,
Greens First
& Omega-3 First**

