**DIRECTIONS:** Take 1 tablet daily as a dietary supplement or as directed by a healthcare professional.

#### KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light & moisture. Store in a cool, dry place. Do not purchase if seal is broken.

### MADE IN THE U.S.A.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more info, visit us at www.windmillvitamins.com ITEM: 141 / TC: 018506N2





## SUSTAINED RELEASE

# **B-COMPLEX 50**

Pharmacist Recommended

Nervous System Support<sup>†</sup> Promotes Cellular Energy<sup>†</sup>

60 TABLETS | DIETARY SUPPLEMENT

## SUPPLEMENT FACTS Serving Size: 1 Tablet

Amount	Per Serving	%Daily Value
Vitamin B1 (as thiamin HCl)	50 mg	3,333%
Vitamin B2 (as riboflavin)	50 mg	2,941%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine HCI)	50 mg	2,500%
Folate (as folic acid)	100 mcg	25%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin	50 mcg	17%
Pantothenic acid (as D-calcium pantothenate)	50 mg	500%
Choline (as choline bitartrate)	50 mg	
nosítol	50 mg	

30 mg

Base blend: 1 m Alfalfa leaf, brewer's yeast, parsley leaf, rice bran, soy lecithin, watercress leaf

\*Daily value not established

PABA (para-aminobenzoic acid)

Other ingredients: Dicalcium phosphate, microcrystalline cellulose stearic acid, magnesium stearate, silica, hydrogenated cottonseed off and pharmaceutical glaze. Contains Soy.

