

LUTEIN

ZEAXANTHIN

BIOTIN

VITAMIN K AS K2 (MK7)

VITAMIN D AS D3

OMEGA 3 FISH OIL FROM SMALL FISH

B12 AS METHYLCOBALAMIN

FOLATE AS METHYLFOLATE

3 DELICIOUS FLAVORS LEMON LIME, MIXED BERRY. and SOUR APPLE



OUR GUMMY OBSESSION

We started SmartyPants because we believe the very best vitamins are all in one: premium ingredients delivered in a delicious package at a fair price. The people we care most about take these gummies, so we wake up every day trying to make them better and better. Our goal, good health for the real world. All of it.

Courtney & Gordon Co-CEOs



GMOs, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs. soy, gluten, peanuts, tree nut allergens, fish allergens, shellfish, and salicylates, YAY! **EVERY BATCH 3RD PARTY LAB TESTED**

Geen out of reach of children. Take only as directed. Do not exceed recommended dosage. If you have a medical condition, are on medication, or are pregnant or nursing, please consult your health care provider before use. Do not use if inner safety seal is broken. Discontinue use two weeks prior to surgen

Do not freeze, product may darken over time.

Manufactured in California from domestic and imported ingredients Distributed by SmartyPants, Inc., Marina del Rev. CA 90292 USA

For Customer Support: 1-888-751-2291 Hoot@SmartyPantsCorp.com www.SmartyPantsVitamins.com







Directions: For teenage girls, take four (4) gummies daily. May be taken with or without food.

Supplement Facts

Serving Size 4 Gummies Servings Per Container 30

Calories	35	
Total Carbohydrate	8 g	3%†
Sugars	5 g	
Includes 5 g Added Sugars		11%†
Vitamin A (as 50% beta-carotene, 50% retinyl palmitate USP)	450 mcg	50%
Vitamin C (as ascorbic acid USP)	90 mg	100%
Vitamin D (as cholecalciferol USP)	20 mcg (800 IU)	100%
Vitamin E (as d-alpha-tocopherol from sunflower oil)	15 mg	100%
Vitamin K (Vitamin K-2 as menaquinone-7)	24 mcg	20%
Thiamin (as thiamine mononitrate USP)	0.12 mg	10%
Riboflavin USP	0.13 mg	10%
Niacin (Vitamin B-3 as inositol niacinate)	16 mg	100%
Vitamin B-6 (as pyridoxine hydrochloride USP)	3.4 mg	200%
Folate (as L-methylfolate, calcium salt)	300 mcg DFE 180 mcg L-methylfola	75% ite
Vitamin B-12 (as methylcobalamin)	4.8 mcg	200%
Biotin USP	60 mcg	200%
Pantothenic acid (as calcium D-pantothenate USP)	5 mg	100%
Choline (as choline bitartrate USP)	22 mg	4%
lodine (as potassium iodide USP)	150 mcg	100%
Zinc (as zinc citrate USP)	7.3 mg	67%
Selenium (as sodium selenite)	27.5 mcg	50%
Manganese (as manganese amino acid chelate)	1.15 mg	50%
Chromium (as chromium picolinate)	17.5 mcg	50%
Molybdenum (as molybdenum amino acid complex)	22.5 mcg	50%
Sodium	15 mg	< 1%
Fish Oil	300 mg	**
Total Omega-3 Fatty Acids	111 mg	**
EPA (Eicosapentaenoic Acid)	33 mg	**
DHA (Docosahexaenoic Acid)	22 mg	**
Lutein (from marigold)	6 mg	**
Zeaxanthin (from marigold)	1 mg	**
Inositol (as inositol niacinate)	4 mg	**