



theVitamin Shoppe®

melatonin

5mg

specialty

60 tablets
dietary supplement

sleep^v

antioxidant^v

gluten
free

soy
free

dairy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Melatonin	5 mg	*

* Daily Value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, crospovidone, silicon dioxide, magnesium stearate.

Does not contain: Gluten, Sugar, Salt, Artificial Colors or Flavors.

^v These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Take one (1) tablet daily, prior to bedtime as needed, or as directed.

WARNING: Consult your physician prior to use if you are pregnant, nursing or being treated for depression. Do not drive or operate heavy machinery while using this product. Not intended for children under 12.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc. Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-800-223-1216 for more information and to reorder.

Item No. VS-3306

1978576

