

## TO REORDER ITEM # 13431

DIRECTIONS: For adults, take one (1) capsule daily, preferably with a meal.

## **Supplement Facts**

**Serving Size 1 Capsule** 

Amount Per Serving %Daily Value

Biotin 5,000 mcg (5 mg) 1,667% (as d-Biotin)

Other Ingredients: Calcium Carbonate, Gelatin. Contains <2% of: Silica, Vegetable Magnesium Stearate.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Puritan's Pride Premium supplements are produced from the finest raw materials under our stringent quality control standards. Our state-of-the-art manufacturing and packaging facilities insure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

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