

DIRECTIONS: Take 1 softgel daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light & moisture.

Store in a cool, dry place.

Do not purchase if seal is broken.

MADE IN THE U.S.A.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 345



FLAX SEED OIL

1000 mg

Pharmacist Recommended

**Essential Omega 3, 6 & 9 Fatty Acids
Promotes Heart Health†**

60 SOFTGELS | DIETARY SUPPLEMENT

For more info, visit us at www.windmillvitamins.com

Supplement Facts

Serving Size: 1 Softgel

	Amount Per Serving	%Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	3 g	5%*
Polyunsaturated Fat	2 g	**
Flax seed oil	1,000 mg (1 g)	**

Which typically contains:

Alpha-Linolenic acid (Ω III) (422 mg)

Linoleic acid (Ω VI) (160 mg)

Oleic acid (Ω IX) (161 mg)

Other fatty acids (93 mg)

**Daily value not established.

*Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Gelatin, glycerin, purified water, and caramel (color).

NO

**SUGAR, STARCH,
YEAST, CORN,
WHEAT, MILK, SOY,
ARTIFICIAL FLAVORS
OR PRESERVATIVES**

- Gluten Free -

Distributed by Windmill Health Products®,
10 Henderson Drive, West Caldwell, NJ 07006

