

Swanson ULTRA®

The Most Advanced Nutrition Technology

CAPSULES

Niacin-Bound Chromium

Mineral Supplement

120 CAPSULES • 200 mcg



- DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule per day with food and water.

WARNING: Because chromium may enhance insulin sensitivity and affect glucose levels, diabetics and hypoglycemics should consult their healthcare provider before using this product.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Chromium	200 mcg	571%
(from ChromeMate® chromium polynicotinate)		

Other ingredients: Microcrystalline cellulose (plant fiber), gelatin, magnesium stearate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com

ChromeMate®, a patented, biologically active oxygen-coordinated niacin-bound chromium complex, is a registered trademark of InterHealth Nutraceuticals Inc., CHROME[®]MATE[®] U.S. patents #4,923,855; #4,954,492; and #5,194,615.



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