

Swanson ULTRA®

The Most Advanced Nutrition Technology
CAPSULES

Albion® Chelated Multi-Mineral

Dietary Supplement

120 CAPSULES



• DO NOT USE IF SEAL IS BROKEN • STORE IN A COOL, DRY PLACE • KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take two capsules one to two times per day with food and water.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under age six. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

	Amount Per Serving	% Daily Value
Calcium (from TRAACS® calcium glycinate chelate).....	117.5 mg	9%
Iron (from TRAACS® Ferrochel® (ferrous bisglycinate chelate))....	4 mg	22%
Phosphorus (from dicalcium phosphate).....	27 mg	2%
Iodine (from kelp).....	200 mcg	133%
Magnesium (from TRAACS® magnesium lysyl glycinate chelate).....	30 mg	7%
Zinc (from TRAACS® zinc glycinate chelate).....	15 mg	136%
Selenium (from Albion® amino acid complex).....	200 mcg	364%
Copper (from TRAACS® copper glycinate chelate).....	0.05 mg	6%
Manganese (from TRAACS® manganese bisglycinate chelate)....	0.56 mg	24%
Chromium (from TRAACS® chromium nicotinate glycinate chelate)...	12 mcg	34%
Molybdenum (from TRAACS® molybdenum glycinate chelate)...	12.5 mcg	28%
Potassium (Albion® amino acid complex).....	72 mg	2%
Horsetail Grass Stem Extract (Equisetum arvense).....	62 mg	*
(standardized to 7% silica)		
Chlorella (Chlorella vulgaris) (broken cell wall).....	5 mg	*
Amylase.....	3.32 mg	*
Lipase.....	3.32 mg	*
Protease.....	3.32 mg	*
Vanadium (from TRAACS® vanadium nicotinate glycinate chelate) ...	15 mcg	*
Boron (from Albion® bororganic glycine).....	4 mcg	*

*Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), maltodextrin, citric acid, magnesium stearate, rice flour.
Contains crustacean shellfish (lobster, shrimp and crab).

DISTRIBUTED BY SWANSON HEALTH PRODUCTS • Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148 or visit our website at www.swansonvitamins.com

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