

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NATURALLY TASTY
A blend of brilliant berries with a fresh hint of mint.

HOW TO TAKE IT
Chew two gummies, no food or water needed.



Find your **OLLY** at OLLY.com

50
GUMMIES

DIETARY SUPPLEMENT

RESTFUL SLEEP
FOR A HEALTHY SLEEP CYCLE*
Melatonin, L-Theanine
& Botanicals

25
SERVINGS

BLACKBERRY ZEN
with other Natural Flavors



RESTFUL SLEEP
EXPERTLY BLENDED



MELATONIN

We've got your (drug-free) mellow right here. This naturally occurring hormone works with your body's chemistry to promote healthy sleep cycles.*



L-THEANINE

An amino acid that encourages calmness so you can hush those voices in your head and drift off.*



BOTANICALS

Flower power! Chamomile, Passionflower & Lemon Balm to soothe & relax.*

Suggested Use: Take two gummies 30 minutes before bed. Chew thoroughly before swallowing.

Supplement Facts

Serving Size 2 Gummies / Servings Per Container 25

Amount Per Serving		% Daily Value†
Calories	15	
Total Carbohydrate	3	1%
Sugars	2 g	**
L-Theanine	200 mg	**
Melatonin	3 mg	**
Chamomile Extract (flower)	17 mg	**
Passionflower Extract (aerial parts)	17 mg	**
Lemon Balm Extract (aerial parts)	16 mg	**

†Percent Daily Value based on 2,000 calorie diet
**Daily Value (DV) not established

Other Ingredients: Glucose Syrup, Beet Sugar, Water, Gelatin, Citric Acid, Natural Flavors, Pectin, Coloring from Purple Carrot, Black Carrot, and Blueberry, Vegetable Oil and Carnauba Wax (to prevent sticking).

Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, fish, shellfish and wheat.

Melatonin may cause drowsiness or sleepiness; do not take when driving, operating machinery, or engaging in any activity that requires alertness. This product is not intended to treat insomnia or other sleep disorders.

Take only as directed. Do not exceed suggested dosage. If you have a medical condition, are on medication or are pregnant or nursing, please seek the advice of a qualified health care professional before using. Do not use if inner seal is broken or missing.

KEEP OUT OF THE REACH OF CHILDREN
Store in a cool, dry place.



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