Grab a scoop full of new CHEWIES™ Glutamine "Micros". Now empty it into your hand and pop them into your mouth. Don't worry, you're not "cheating". Quite the contrary, you're enjoying a sugar-free blast of three different kinds of glutamine, an energy-yielding amino acid that your muscles can use to recover and build themselves bigger, stronger and more powerful.

Whether you worked out for the first time yesterday or you're a professional bodybuilder about to hop onto the contest stage and flex your guns, you don't need to worry. CHEWIES™ Glutamine Micros won't harm your physique or performance. In fact, glutamine supports both. And because new CHEWIES™ Micros are sugar-free, they won't slow down your fat-burning metabolism like sugar-loaded products can.

Even the pros get cravings for candy. Now you can satisfy them with a nutrient-dense, "physique-friendly" supplement that is slated to become the world's favorite "Muscle Candy", new CHEWIES™ Micros!

Use glutamine to support protein synthesis in your muscles and help them re-fuel and recover. Two servings of CHEWIES™ Glutamine Micros contains more than 120% of the dose of glutamine found to accelerate the recovery of glycogen levels as effectively as the ingestion of 61 g of carbohydrate. That's how powerful this amino acid can be!

SCIENTIFIC SUPPORT

1. Bowtell et al. (1999). Effect of oral glutamine on whole body carbohydrate storage during recovery from exhaustive exercise. J Appl Physiol, 86: 1770

† These statements have not been evaluated by the FDA. The product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL DRY PLACE.

Formulated, tested and certified exclusively by Betancourt Nutrition, Inc.,
14600 NW 60th Ave., Miami Lakes, FL 33014
Toll-free: 800-443-4153 • Phone: 305-593-9298 • Fax: 202-449-9275
www.betancourtnutrition.com

BETANCOURT NUTRITION

Glutamine "Micros"

CHEWIES™

Sugar-Free Candy

Raspberry • Fruit Punch • Grape • Pineapple Orange

Actual Size

- Bite-Size
- Nutrient-Dense
- "Physique-Friendly"

Enhanced with L-Glutamine, Glutamine Peptides & Glutamine AKG

INSANE

Berry Blend

CHEWABLE DIETARY SUPPLEMENT

Net WT. 8.1 oz (Approx. 567 Tablets)

YOUR FAVORITE MUSCLE CANDY JUST GOT BETTER!

RECOMMENDED USAGE:

To recover glutamine levels and avoid deterioration of muscle tissue and immune system function, consume 1-2 servings of CHEWIES™ Glutamine Micros after exercise. To further boost glutamine intake, consume another 1-2 servings on an empty stomach first thing in the morning or before bed.

Glutamine plays many important roles in the body. It is a building block of tissue proteins, a source of energy, and has positive effects on muscle glycogen and protein synthesis. Glutamine is also involved in immune system function and has been found to stimulate growth hormone (GH) release. Prolonged, exhaustive exercise may result in a decrease in glutamine levels 1-2 hours after the exercise period.

WARNING: Consult your physician before using this or any other dietary supplement if you are pregnant, nursing, trying to conceive, taking medication, have a medical condition or are currently unaware of your health status.

SUPPLEMENT FACTS

Serving Size: 1 scoop (Approx. 27 Tablets)
Servings Per Container: 21

Amount Per Serving		% Daily Value
Calories	45	2%
Calories from Fat	5	
Total Fat	0.5 g	1%
Protein	0 g	0%
Cholesterol	0 g	0%
Carbohydrates	5 g	15%
Sugar	0 g	0%
Glutamine Blend (from L-Glutamine, L-Glutamine AKG, L-Glutamine Peptide)	**4,320 mg**	**

* Percentage Daily Values based on a 2000-Calorie diet.
** Daily Value not established

Other ingredients: Maltodextrin, poly wax, vegetable magnesium stearate, citric acid, malic acid, natural and artificial flavors, sucralose, FD&C red #40 aluminum lake, FD&C yellow #5 aluminum lake, FD&C blue #2 aluminum lake, FD&C blue #1 aluminum lake.

Lot No./Best By:

8 57487 00318 1