

— TRUSTED SINCE 1972 —

**WINDMILL**  
NATURAL VITAMINS

# CALCIUM & MAGNESIUM

## 1000 mg / 500 mg

**Pharmacist Recommended**

**Promotes Strong Bones†  
Muscle & Nervous System Support†**

**60 TABLETS | DIETARY SUPPLEMENT**

**DIRECTIONS:** Take 2 tablets daily as a dietary supplement or as directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN.**

Protect from heat, light & moisture.

Store in a cool, dry place.

Do not purchase if seal is broken.

**MADE IN THE U.S.A.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 157 / TC: 026106N2

## Supplement Facts

Serving Size: 2 Tablets / Servings Per Container: 30

|                                | Amount Per Serving | %Daily Value |
|--------------------------------|--------------------|--------------|
| Calcium (as calcium carbonate) | 1,000 mg           | 100%         |
| Magnesium (as magnesium oxide) | 500 mg             | 125%         |

**Other ingredients:** Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silica, and film coat (hypromellose, titanium dioxide, polydextrose, talc, maltodextrin and medium chain triglycerides).

For more info, visit us at [www.windmillvitamins.com](http://www.windmillvitamins.com)

**NO**

**SUGAR, STARCH, YEAST, WHEAT, MILK,  
SOY, ARTIFICIAL COLORS, FLAVORS OR  
PRESERVATIVES**

**- Gluten Free -**

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