



# magnesium taurate

minerals

180 veggie capsules  
dietary supplement

fully reacted complex<sup>v</sup>  
cardiovascular support<sup>v</sup>  
energy production<sup>v</sup>  
muscle relaxation<sup>v</sup>

gluten  
free

dairy  
free

soy  
free

nut  
free

actual size

## Supplement Facts

Serving Size 2 Veggie Capsules  
Servings Per Container 90

	Amount Per Serving	% Daily Value
Magnesium (as magnesium taurate)	125 mg	30%

\* Daily Value not established.

**Other ingredients:** Vegetable cellulose (capsule), magnesium stearate, silicon dioxide, microcrystalline cellulose.

**Does not contain:** Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

<sup>v</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal is broken or missing.

**DIRECTIONS:** Take two (2) capsules twice daily, or as directed by a health care professional.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

Magnesium Taurate is a fully reacted mineral complex that combines Magnesium with the amino acid Taurine.

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